05.09.2016

# Curriculum at Lahti University of Applied Sciences 2016-2017

# **Degree Programme in Social Services 16S, part-time studies**

As part time studies Autumn 2016 starts the Social Pedagogy for Working with Adults path, which provides a broad set of skills for rehabilitative work with adults. Some of the socio-pedagogical adult work multimode implementation of selected students have the opportunity to choose courses, which producing eligibility Regulation (608/2005) complying with the kindergarten teacher.

Part time studies takes place once a month during the day being implemented in the week, when the teaching is from Monday to Friday. At other times, learning is a self-study, for example, in a network environment.

| Code                                                           | Name                                                                       | 1 y | 2 у | 3 у | 4 y | ECTS<br>total |  |
|----------------------------------------------------------------|----------------------------------------------------------------------------|-----|-----|-----|-----|---------------|--|
| STSOS16M-1000 CORE COMPETENCE                                  |                                                                            |     |     |     |     |               |  |
| STSOS16M-1001 BASIC STUDIES                                    |                                                                            |     |     |     |     |               |  |
| STSOS16M-1002                                                  | 2 Principles of professional interaction                                   |     |     |     |     | 15            |  |
| 08AMPE3A                                                       | Professional competence                                                    | 0,5 |     |     | 0,5 | 1             |  |
| ST00AX40                                                       | Expert communication                                                       | 3   |     |     |     | 3             |  |
| ST00AY57                                                       | Information literacy                                                       | 1   |     |     |     | 1             |  |
| 08AMPE1                                                        | Participatory art as a means of self-exploration and group integration     | 5   |     |     |     | 5             |  |
| 08AMPE2                                                        | Principles of social pedagogy and work with customers in the social sector | 5   |     |     |     | 5             |  |
| STSOS16M-1003 PROFESSIONAL STUDIES                             |                                                                            |     |     |     |     | 190           |  |
| STSOS16M-1004 Social-pedagogical education and guidance skills |                                                                            |     |     |     |     | 15            |  |
| 08SOKA1                                                        | Human growth and development                                               | 5   |     |     |     | 5             |  |
| 08SOKA2                                                        | Growth environments                                                        | 5   |     |     |     | 5             |  |
| 08SOKA3                                                        | Education and guidance skills                                              | 5   |     |     |     | 5             |  |
| STSOS16M-1005 Trends in welfare policies                       |                                                                            |     |     |     |     |               |  |
| 08HYMU1                                                        | Societal change and the tasks and challenges of social services            | 5   |     |     |     | 5             |  |
| 08HYMU2                                                        | The individual in society                                                  | 5   |     |     |     | 5             |  |
| ST00AV61                                                       | Human Rights                                                               |     |     |     |     | 0             |  |
| ST00AV62                                                       | Child's Rights                                                             |     | 2   |     |     | 2             |  |
| ST00AV63                                                       | English Language and Communication                                         | 3   |     |     |     | 3             |  |
| STSOS16M-1006 Promoting social inclusion in practice           |                                                                            |     |     |     | 15  |               |  |
| 08SOOS1                                                        | Supporting social rehabilitation                                           | 5   |     |     |     | 5             |  |
| 08SOOS2                                                        | Group and community-level guidance                                         | 5   |     |     |     | 5             |  |
| ST00AV64                                                       | Pharmacotherapy                                                            | 2   |     |     |     | 2             |  |
|                                                                |                                                                            |     |     |     |     |               |  |

| ST00AY58                                                              | Swedish: written communication                         | 1,5 |    |    |    | 1,5 |
|-----------------------------------------------------------------------|--------------------------------------------------------|-----|----|----|----|-----|
| ST00AY59                                                              | Swedish: oral communication                            | 1,5 |    |    |    | 1,5 |
| STSOS16M-1009 Social pedagogy for early childhood and youth education |                                                        |     |    |    |    | 25  |
| 08VANU1                                                               | Early childhood education                              |     | 10 |    |    | 10  |
| 08VANU2                                                               | Early childhood special education                      |     | 5  |    |    | 5   |
| 08VANU3                                                               | Youth education                                        |     | 10 |    |    | 10  |
| STSOS16M-1010 Social pedagogy for working with adults                 |                                                        |     |    |    |    |     |
| 08AIPE1                                                               | Promoting work inclusion                               |     |    |    |    | 0   |
| 08AIPE2                                                               | Multicultural work                                     |     |    |    |    | 0   |
| 08AIPE3                                                               | Discussions on ageing                                  |     |    |    |    | 0   |
| 08AIPE4                                                               | Empowering methods in supporting participation         |     |    |    |    | 0   |
| 0800BC79                                                              | New directions in social counselling                   |     |    |    |    | 0   |
| STSOS16M-1011 Professional Field placement I                          |                                                        |     |    |    |    | 15  |
| 08SUHA1                                                               | Professional Field placement I                         |     | 15 |    |    | 15  |
| STSOS16M-1007 Transformative social pedagogy skills                   |                                                        |     |    |    |    | 20  |
| 08MUOS1                                                               | Child protection                                       |     | 4  |    |    | 4   |
| 08MUOS2                                                               | Substance abuse treatment and prevention               |     | 4  |    |    | 4   |
| 08MUOS3                                                               | Mental health work                                     |     | 4  |    |    | 4   |
| 08VANU4                                                               | Family work                                            |     | 4  |    |    | 4   |
| ST00AX27                                                              | Transformative social work                             |     |    | 4  |    | 4   |
| STSOS16M-1008 Professional field placement II                         |                                                        |     |    |    |    | 15  |
| 08MUHA1                                                               | Professional field placement II                        |     |    | 15 |    | 15  |
| STSOS16M-1012 Well-being services development                         |                                                        |     |    |    |    | 15  |
| 08HYPA1                                                               | Leadership, supervision and the workplace organisation |     |    | 5  |    | 5   |
| 08OTYR                                                                | Take Hold - entrepreneurial competence                 |     |    | 5  |    | 5   |
| 08TUKE                                                                | Research and development competence                    |     |    | 5  |    | 5   |
| STSOS16M-1013 Field Placement III                                     |                                                        |     |    |    |    | 15  |
| 08SYHA1                                                               | Field Placement III                                    |     |    | 15 |    | 15  |
| STSOS16M-101                                                          | 4 Thesis                                               |     |    |    |    | 15  |
| 080PN1                                                                | Thesis expertise 1                                     |     |    |    | 5  | 5   |
| 080PN2                                                                | Thesis expertise 2                                     |     |    |    | 5  | 5   |
| 080PN3                                                                | Thesis expertise 3                                     |     |    |    | 5  | 5   |
| STSOS16M-1015 COMPLEMENTARY COMPETENCE                                |                                                        |     |    |    |    | 30  |
| STSOS16M-1016 Complementary competence                                |                                                        |     |    |    | 15 |     |
| STSOS16M-101                                                          | 7 Elective Studies                                     |     |    |    |    | 15  |

# STSOS16M-1000 CORE COMPETENCE: 180 ECTS

# STSOS16M-1001 BASIC STUDIES: 15 ECTS

# STSOS16M-1002 Principles of professional interaction: 15 ECTS

## Learning outcomes of the study module

In this module you will get tools for professional interaction. You can develop your reflective skills and take responsibility of your own as well as group's learning. After this module you master the basis of social pedagogy and professional practice of social work

## Courses included in the study module

- Professional competence 1 ECTS credit
- Professional competence and expert communication 4 ECTS credits
- Participatory art as a means of self-exploration and group integration 5 ECTS credits
- Principles of social pedagogy and work with customers in the social sector 5 ECTS credit

# 08AMPE3A Professional competence: 1 ECTS

## Learning outcomes

Students will be able to

- set personal learning objectives
- understand the role of self-assessment in steering their learning and professional growth

# ST00AX40 Expert communication: 3 ECTS

## Learning outcomes

Student will be able to

- design and produce accurate text for customer contexts and scientific articles
- evaluate and interpret the meanings of different types of messages and develop their communication skills
- apply team work skills in meetings and negotiations

# ST00AY57 Information literacy: 1 ECTS

## Learning outcomes

- identify their information needs and the role of information retrieval in different stages of their study
- source information for study purposes effectively and diversely
- utilise different types of resources and services in their studies
- evaluate resources critically
- use information in an ethical manner

# 08AMPE1 Participatory art as a means of self-exploration and group integration: 5 ECTS

## Learning outcomes

Students will be able to

- develop their self-knowledge and reflective thinking through exploratory and participatory art
- actively contribute to the sense of community in the study group through active participation.

# 08AMPE2 Principles of social pedagogy and work with customers in the social sector: 5 ECTS

## Learning outcomes

Students will be able to

- identify the basis of social pedagogical thinking
- describe the values and ethical principles of the professional practice of social pedagogues
- describe a goal-oriented work process

# STSOS16M-1003 PROFESSIONAL STUDIES: 190 ECTS

# STSOS16M-1004 Social-pedagogical education and guidance skills: 15 ECTS

## Learning outcomes of the study module

After this module you will be able to guide different types of customers and groups and recognise the importance of different life circumstances in a person's development. You can describe, analyse and justify your own conception of education and counselling

## Courses included in the study module

- Human growth and development 5 ECTS credits
- Growth environments 5 ECTS credits
- Education and counselling skills 5 ECTS credits

# 08SOKA1 Human growth and development: 5 ECTS

## Learning outcomes

Students will be able to

- describe different stages of human growth and development
- describe different theories of personality and development

# 08SOKA2 Growth environments: 5 ECTS

## Learning outcomes

Students will be able to

- analyze an individual's growth and development environments
- recognize family diversity
- •examine family as a fundamental structure of society

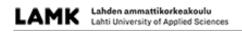
# 08SOKA3 Education and guidance skills: 5 ECTS

## Learning outcomes

Students will be able to

- plan, implement and evaluate educational and counselling activities
- analyse their own conception of education and counselling

# STSOS16M-1005 Trends in welfare policies: 15 ECTS



## Learning outcomes of the study module

Learning outcomes of the study module

In this module you will familiarize yourself with the service system which promotes persons wellbeinig and legal basis of social welfare and social security. You can recognise social inequality. You can utilise social literacy

## Courses included in the study module

- Societal change and the tasks and challenges of social services 5 ECTS credits
- The individual in society 5 ECTS credits
- Human Rights or Childs Rights ECTS credits
- English Language ECTS credits

# 08HYMU1 Societal change and the tasks and challenges of social services: 5 ECTS

## Learning outcomes

Students will be able to

- analyse societal change factors
- identify the service system and social security system which promote customers' well-being
- demonstrate the ability to apply legislation governing social work

# 08HYMU2 The individual in society: 5 ECTS

## Learning outcomes

- Students will be able to
- analyse social inequality
- use social literacy
- demonstrate the ability to apply legislation governing municipal administration

# ST00AV61 Human Rights: 2 ECTS

## Learning outcomes

The student is able to develop his/her Human rights awareness

# ST00AV62 Child's Rights: 2 ECTS

## Learning outcomes

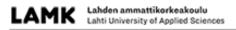
The student is able to develop his/her Child's rights awareness

# ST00AV63 English Language and Communication: 3 ECTS

## Learning outcomes

The student is able

- to use expressions and vocabulary related to the field of social and health care
- to work in everyday written and oral communication situations



- to read and analyze professional English texts

# STSOS16M-1006 Promoting social inclusion in practice: 15 ECTS

#### Learning outcomes of the study module

After this module you will be able to describe the meaning of goal-oriented approach and inclusion in client work. In this module you widen yor competence in planing, implementing and evaluating counselling activities for groups. You become familiar with community level counselling. You can implement safe pharmacotherapy in social work.

#### Courses included in the study module

- Supporting social rehabilitation 5 ECTS credits
- Group and community-level guidance 5 ECTS credits
- Pharmacotherapy 2 ECTS credits
- Swedish language 3 ECTS credits

# 08SOOS1 Supporting social rehabilitation: 5 ECTS

#### Learning outcomes

Students will be able to

- describe psychosocial work as part of social rehabilitation
- knows the basics of documentation
- make a customer plan

# 08SOOS2 Group and community-level guidance: 5 ECTS

#### Learning outcomes

Students will be able to

- observe, identify and analyse group phenomena
- plan, implement and evaluate goal-oriented group counselling
- use methods to support clients participation

# ST00AV64 Pharmacotherapy: 2 ECTS

#### Learning outcomes

Students will be able to

- name the principles of safe pharmacotherapy
- name the phases of drug metabolism and the primary mechanisms of action

• identify drugs used in the treatment of common illnesses and disorders and their effects and side effects

• demonstrate command of the basics of dosage calculation required for the delivery of pharmacotherapy

# ST00AY58 Swedish: written communication: 1.5 ECTS

# Learning outcomes

Students will be able to

- read and analyse clear, jargon-free texts of the field of interest
- produce simple, logical factual text related to the field of interest

# ST00AY59 Swedish: oral communication: 1.5 ECTS

#### Learning outcomes

Students will be able to

- communicate in Swedish in an appropriate manner when dealing with customers

# STSOS16M-1009 Social pedagogy for early childhood and youth education: 25 ECTS

## Learning outcomes of the study module

Learning outcomes of the study module

Students will be able to

In this module you get tools to form an educational interactive relationship with children and young people and their families. You also can apply participatory methods in working with children and young people. You can assess individual needs of children and young people and take into account multiculturalism in early childhood and youth education. You become competent in operating in a multi-professional networks.

## Courses included in the study module

- Early childhood education 10 ECTS credits
- Early childhood special education 5 ECTS credits
- Youth education 10 ECTS credits

# **08VANU1 Early childhood education: 10 ECTS**

## Learning outcomes

•Promote participation and inclusion of children in early childhood education

- plan, implement and evaluate pedagogically appropriate activities in early childhood education
- describe the principles of the parental engagement
- implement activities based on creative work methods for children

# 08VANU2 Early childhood special education: 5 ECTS

#### Learning outcomes

Students will be able to

- assess the child's special support needs
- use appropriate support methods in early childhood education
- •guide to special needs service system
- counsel multicultural children and families in early childhood education

# **08VANU3 Youth education: 10 ECTS**

Learning outcomes Students will be able to



- identify and evaluate the individual needs of young people
- apply different social work methods and approaches
- implement activities to facilitate participation of young people

# STSOS16M-1010 Social pedagogy for working with adults: 25 ECTS

## Learning outcomes of the study module

Students will be able to

• form a guidance-based interactive relationship with customers and their families

After this module you can recognize and evaluate client's resources and needs as well as need for special support. You deepen your competence in implementing activities which support customer's inclusion and applying diffent approaches and work methods in client work. You can apply current research and development data.

## Courses included in the study module

- Promoting work inclusion 5 ECTS credits
- Multicultural work 5 ECTS credits
- Discussions on ageing 5 ECTS credits
- Empowering methods in supporting participation 5 ECTS credits
- New directions in social councelling 5 ECTS credits

# **08AIPE1 Promoting work inclusion: 5 ECTS**

## Learning outcomes

Students will be able to

- identify customers' special support needs
- demonstrate knowledge of the employment and special employment service systems
- counsel based on client-centered and rehabilitative approch

# **08AIPE2 Multicultural work: 5 ECTS**

## Learning outcomes

The student

•is able to use concepts of multiculturalism

- is able describe the aims, objectives and services of Finnish immigration policy
- is able analyze the position and needs of ethnic and other subculture groups
- is able support integration processes and culturally sensitive practices

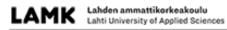
# **08AIPE3** Discussions on ageing: 5 ECTS

# Learning outcomes

Students will be able to

- identify characteristics specific to an ageing society
- evaluate he need for psychosocial support

# **08AIPE4** Empowering methods in supporting participation: 5 ECTS



## Learning outcomes

Students will be able to

- recognize and assess the client's strenghts and needs
- apply different approaches and work methods of client work
- implement activities to promote clients participation

# 0800BC79 New directions in social counselling: 5 ECTS

#### Learning outcomes

Students will be able to

- apply current research based knowledge in development activities
- plan, implement and evaluate and report on development activities in the social service sector

# STSOS16M-1011 Professional Field placement I: 15 ECTS

#### Learning outcomes of the study module

In this module you immerse yourself in evaluating and identifying clients' individual needs. You widen your competence in planning, implementing and evaluating goal-oriented client work/pedagogically appropriate activity. You can apply art-based methods and methods to support participation as well as essential approaches in counselling. You become trained in operating in multiprofessional networks. You can use appropriate services in supporting individual or community. You become competent in justifying your own educational and counselling practice.

#### Courses included in the study module

Professional Field placement I 15 ECTS credits

# **08SUHA1 Pedagogical/ counselling placement I: 15 ECTS**

#### Learning outcomes

Students will be able to

- evaluate and identify clients' individual needs
- plan, implement and evaluate goal-oriented client work/pedagogically appropriate activity
- •apply art-based methods and methods to support participation

•justify their own educational and counselling practice

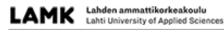
# STSOS16M-1007 Transformative social pedagogy skills: 20 ECTS

## Learning outcomes of the study module

After this module you can recognize professional competence of bachelor of social services as well as professional's tasks in the field of transformative social work. You can undertand the multiprofessional nature of the work. You can justify the meaning of preventive work in transformative social work. After this module you have readiness to act according to professional ethical principles.

## Courses included in the study module

- Child protection 4 ECTS credits
- Substance abuse treatment and prevention 4 ECTS credits
- Mental health work 4 ECTS credits
- Family work 4 ECTS credit



- Advanced course in transformative social work 4 ECTS credit

# 08MUOS1 Child protection: 4 ECTS

#### Learning outcomes

Students will be able to

•recognise the main principles and contents of legislation on child protection and apply them in practice

•recognise ethical approach in child protection practice

•recognise and compare service system linked to child protection

# **08MUOS2** Substance abuse treatment and prevention: 4 ECTS

#### Learning outcomes

Students will be able to

- identify and evaluate factors related to addiction
- analyse attitudes to substance abuse
- recognise and compare service system linked to substance abuse

# 08MUOS3 Mental health work: 4 ECTS

#### Learning outcomes

Students will be able to

- analyse factors related to mental health
- guide clients and family members to needed services
- recognise the professional competence and tasks in multidisciplinary mental health work

# 08VANU4 Family work: 4 ECTS

#### Learning outcomes

Students will be able to

- analyze the theoretical underpinnings of family work practice
- recognise ethical approach in child protection practice
- describe everyday life oriented family work as a basis of professional work

# ST00AX27 Transformative social work: 4 ECTS

#### Learning outcomes

Students will be able to

• analyse structures and processes which create social deprivation and inequality

• apply professional competence in in different situations and, if necessary, to take responsibility for client process and service process

•evaluate their own actions in transformative social work from the ethical point of view

# STSOS16M-1008 Professional field placement II: 15 ECTS

# Learning outcomes of the study module

In this module you will practise how to work as a social work professional in transformative work and you understand the meaning of educational and counselling approach in transformative process. You can support and guide different customer groups in their everyday lives with a goal-oriented approach. You practise operating in cooperation networks and can describe the meaning of ethical reflection in professional work in social sector

## Courses included in the study module

Professional field placement II 15 ECTS credits

# **08MUHA1 Field Placement II: 15 ECTS**

## Learning outcomes

Students will be able to

- work professionally
- support and guide different customer groups in their everyday lives with a goal-oriented approach
- detect social inequality and factors affecting it
- operate in cooperation networks

# STSOS16M-1012 Well-being services development: 15 ECTS

## Learning outcomes of the study module

In this module, students are introduced to tools of well-being services development. On successful completion of this module, you will be able to describe the contents and methods of well-being services development and the entrepreneurial approach. You will be able to apply research and development methodology towards the renewal and regeneration of well-being services in professional practice. You will also be able to apply the principles of ethical and sustainable development in well-being services development.

## Courses included in the study module

- Leadership, supervision and the workplace organisation 5 ECTS credits
- Take Hold entrepreneurial competence 5 ECTS credits
- Research and development competence 5 ECTS credits

# 08HYPA1 Leadership, supervision and the workplace organisation: 5 ECTS

## Learning outcomes

Students will be able to

- explain the role of normative and information-based guidance in the

- delivery of social and health care services
- describe the means of immediate supervisors to lead the workplace organisation
  evaluate their own roles in the workplace operation
- appraise the use and suitability of quality management tools in workplace development

# **08OTYR Take Hold - entrepreneurial competence: 5 ECTS**

# Learning outcomes

Students will be able to

- describe inner, self-oriented and external entrepreneurship



- analyse the meaning and purpose of entrepreneurship as a life strategy
- describe characteristics specific to entrepreneurship in social and health care
- brainstorm and accomplish the service design
- describe the basic process of productisation of well-being services and service design

# **08TUKE Research and development competence: 5 ECTS**

## Learning outcomes

Students will be able to

- perform development activities using a research-based approach
- draw up a thesis plan

- adhere to the reliability principle and ethical principles in research and development activity

- write scientific-style, well-argued and precise factual text
- appraise text by applying the source-critical method and cite sources according to instructions

# STSOS16M-1013 Field Placement III: 15 ECTS

#### Learning outcomes of the study module

In this module you will become competent in applying and deepening your competence in social work practice. You are able to assess your own competence from the point of view of skills needed in social work practise as well as your future employment.

#### Courses included in the study module

Field Placement III 15 ECTS credits

# **08SYHA1 Field Placement III: 15 ECTS**

#### Learning outcomes

Students will be able to • apply and develop competence in social work practice

# STSOS16M-1014 Thesis: 15 ECTS

## Learning outcomes of the study module

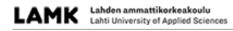
In this module, the focus is on real-world workplace development. The module comprises a thesis project, and

upon its completion, you should be able to analyse workplace development needs and plan and implement workplace development projects. You will be able to use various sources of information and critically appraise them in the context of your development task.

## Courses included in the study module

- Thesis expertise 1 5 ECTS credits
- Thesis expertise 2 5 ECTS credits
- Thesis expertise 3 5 ECTS credits

# **08OPN1** Thesis expertise 1: 5 ECTS



## Learning outcomes

Students will be able to

- critically evaluate workplace development needs and use appropriate

development methods in the development of their field

- plan, execute, evaluate and publish a thesis and produce a report in accordance with the principles of investigative writing of their field

- apply and utilise the outputs of the thesis project (knowledge, service, product) in the operational development of a workplace

# 080PN2 Thesis expertise 2: 5 ECTS

## Learning outcomes

Students will be able to

- critically evaluate workplace development needs and use appropriate

development methods in the development of their field

- plan, execute, evaluate and publish a thesis and produce a report in accordance with the principles of investigative

writing of their field

- apply and utilise the outputs of the thesis project (knowledge, service, product) in the operational development of a workplace

# **080PN3** Thesis expertise 3: 5 ECTS

## Learning outcomes

Students will be able to

- critically evaluate workplace development needs and use appropriate

development methods in the development of their field

- plan, execute, evaluate and publish a thesis and produce a report in accordance with the principles of investigative writing of their field

- apply and utilise the outputs of the thesis project (knowledge, service, product) in the operational development of a workplace

# STSOS16M-1015 COMPLEMENTARY COMPETENCE: 30 ECTS

## Learning outcomes of the study module

Complementary studies and Elective studies (15 ECTS credits + 15 ECTS credits) form together complementary competence.

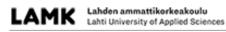
Complementary and elective studies directional and profile your student's knowledge and consist of a wide-ranging educational responsibilities in excess of optional professional and elective studies.

# STSOS16M-1016 Complementary competence: 15 ECTS

## Learning outcomes of the study module

Students will be able to

• diversify and build on their professional competence.



# STSOS16M-1017 Elective Studies: 15 ECTS

## Learning outcomes of the study module

Students will be able to

• diversify and build on their professional competence.