

**Curriculum at LAB University of Applied Sciences  
2025-2026**

**Bachelor of Health Care, Public Health Nursing (in Finnish),  
post-graduate conversion programme 25S, Lappeenranta**

Code	Name	1 y	2 y	ECTS total
<b>HLPRTH25SMU-1001 Professional Core Competence</b>				<b>10</b>
<b>HLPRTH25SMU-1002 Customer-Oriented Public Health Nursing</b>				<b>5</b>
AH00CA48	Public Health Nursing with Elderly People	5		5
<b>HLPRTH25SMU-1003 Public Health Nursing with Society</b>				<b>5</b>
AH00CA50	Promote Populations Wellbeing	5		5
<b>HLPRTH25SMU-1004 Complementary Competence</b>				<b>50</b>
<b>HLPRTH25SMU-1005 Public Health Nursing with Children and Families</b>				<b>35</b>
AH00CA88	Children's, Adolescents' and Families' Social Wellbeing	5		5
AH00CA89	Public Health Nursing with Pregnant and Families	10		10
AH00CH67	Clinical Training with Pregnant and Families	10		10
AH00CH68	Clinical Training with Schoolchildren, Students and Employees		10	10
<b>HLPRTH25SMU-1006 Public Health Nursing with Individuals and Communities</b>				<b>15</b>
AH00CA91	Public Health Nursing with Schoolchildren and Students	5		5
AH00CA92	Public Health Nursing with Employees	5		5
AH00CA94	Developing Task	3,5	1,5	5
KVV0401	Drug Calculations 7			0

**HLPRTH25SMU-1001 Professional Core Competence: 10 ECTS**

**HLPRTH25SMU-1002 Customer-Oriented Public Health Nursing: 5 ECTS**

**AH00CA48 Public Health Nursing with Elderly People: 5 ECTS**

**Learning outcomes**

The student is able to

- promote the overall well-being of an elderly person and their family and evaluate the factors affecting it
- apply preventive approach in public health nursing for elderly and explain the characteristics of the health counseling for elderly people
- explain the content and meaning of competence in aging and age-friendliness from the perspectives of individual and community and how to promote them
- support the involvement, equality and activity of an elderly person in a community and society

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## **HLPRTH25SMU-1003 Public Health Nursing with Society: 5 ECTS**

### **AH00CA50 Promote Populations Wellbeing: 5 ECTS**

#### **Learning outcomes**

The student is able to

- apply well-being strategies in planning, implementing, evaluating and developing public health nursing
- utilize indicator data and community analysis in activity that promotes well-being and evaluate quality and effects of health services
- recognize and evaluate social challenges of the future of well-being
- work as a professional in public health nursing and as an influential person in society
- recognize the need of human impact assessment (EVA, LAVA) and master the process of ex-ante assessment in decision-making
- work for promoting public health and for narrowing the health differences between demographic groups by applying predictive data on public health

## **HLPRTH25SMU-1004 Complementary Competence: 50 ECTS**

## **HLPRTH25SMU-1005 Public Health Nursing with Children and Families: 35 ECTS**

### **AH00CA88 Children's, Adolescents' and Families' Social Wellbeing: 5 ECTS**

#### **Learning outcomes**

Student can:

- identify key legislation, in particular the obligation to notify and cooperate on health care
- identify the support needs of children, young people and families and related services-
- act as a health care expert in the multidisciplinary assessment of the need for services and to assess the effects of activities on the well-being of the family

### **AH00CA89 Public Health Nursing with Pregnant and Families: 10 ECTS**

#### **Learning outcomes**

Student can:

- carry out and evaluate, in cooperation with the family, the monitoring and strengthening of the health, well-being and resources of the expectant child and the family with children.
- plan, implement and evaluate customer-oriented family planning
- implement and evaluate working methods for health promotion in maternity and child health counseling and work in multi-professional co-operation to promote the well-being of families and the health and safety of the child's developmental environment
- plan, implement and evaluate follow-up during pregnancy and postpartum, identify the most common disorders and needs for additional family support, and refer to follow-up care if necessary and provide family-oriented support to the family early enough
- act in a customer-oriented manner in the treatment of childbirth
- assess and support parenting and the child's growth and development, identify risks to the child's health, insecurity and social development, and strengthen family resources

## **AH00CH67 Clinical Training with Pregnant and Families: 10 ECTS**

### **Learning outcomes**

Student can:

- assess and promote the well-being and home safety of the expectant child and the family with children
- act in a customer-oriented manner, taking into account the cultural and individual characteristics of families
- carry out work on the prevention of communicable diseases in counseling and home environments
- co-operate with family services and child protection, taking into account the support needs of the client family and the best interests of the child
- implement customer-oriented breastfeeding guidance in accordance with the national breastfeeding recommendation

## **AH00CH68 Clinical Training with Schoolchildren, Students and Employees: 10 ECTS**

### **Learning outcomes**

Student can:

- to promote the safety of the school community and the health of the environment
- carry out work on the prevention of communicable diseases in the school and study environment
- taking into account multicultural differences in student well-being
- to promote the safety of the school community and the health of the environment
- carry out work on the prevention of communicable diseases in the school and study environment
- taking into account multicultural differences in student well-being
- understand the importance of occupational health collaboration with workplaces and identify the needs of work communities
- understand the importance of workplace surveys and the assessment of workplace health hazards and work-related hazards and stressors for the health of the worker
- is able to carry out health examinations and on the basis of them promote the health, work and functional ability of employees
- identify ways to manage, monitor and support work and functional capacity
- understands the importance of good occupational health care practice and multi-professionalism in occupational health care
- understands the importance of work-based sick leave and is able to carry out sick leave in occupational health care

## **HLPRTH25SMU-1006 Public Health Nursing with Individuals and Communities: 15 ECTS**

## **AH00CA91 Public Health Nursing with Schoolchildren and Students: 5 ECTS**

### **Learning outcomes**

Student is able to:

- explain the content and tasks of the school nurse's work at the individual and community level
- monitor the well-being and health of the school-age child and young person
- identify the need for individual support as well as support and, if necessary, refer it to further care for school-age and young people

- is able to use and apply different methods of health promotion
- understand the whole of interprofessionalism, cooperation networks and study care in student health care

### **AH00CA92 Public Health Nursing with Employees: 5 ECTS**

#### **Learning outcomes**

Student can:

- assess the health of people of working age and understand the importance of work for people
- use practices in occupational health care in accordance with good occupational health care practice and ethical principles and understand their significance for clients' health and ability to work
- understand the importance of multi-professionalism and multidisciplinary in the assessment of work-related, working conditions and employee resources, as well as workload and risk factors, and is able to propose evidence-based measures to eliminate hazards and develop work, and be able to justify their actions
- explain the main occupational diseases and occupational diseases and be able to assess their significance for the employee's health and ability to work and function

### **AH00CA94 Developing Task: 5 ECTS**

#### **Learning outcomes**

Student can:

- design, implement and evaluate a work-based development process
- use evidence-based information and effective methods in their development work

### **KVV0401 Drug Calculations 7: 0 ECTS**