

**Curriculum at LAB University of Applied Sciences
2025-2026**

Master of Social and Health Care, Digital Expert of Social and Health Care Services (in Finnish) 25S, online studies

Code	Name	1 y	2 y	3 y	ECTS total
HLTIYSTDIG25SV-1001 Core Competence					40
YH00DE11	Guidelines for digital solutions in the social and health care	5			5
YH00CS71	Research and development based on working life	5			5
YH00CI17	Benefit of the Knowledge for Social and Health Services	5			5
YH00DE13	Client and the client participation in digital social and health services	5			5
YH00DE12	Professional and the work on digital social and health care environment	5			5
YH00CU39	Remote management of Digital Era	5			5
YH00CI23	Service Design of Digital Era		5		5
YH00CI22	Welfare Technology and Innovations		5		5
HLTIYSTDIG25SV-1002 Complementary Competence					20
HLTIYSTDIG25SV-1003 Thesis					30
YO00BU70	Thesis Planning	10			10
YO00BU71	Thesis Project and Reporting		20		20

HLTIYSTDIG25SV-1001 Core Competence: 40 ECTS

YH00DE11 Guidelines for digital solutions in the social and health care: 5 ECTS

Learning outcomes

The student is able to

- review digital development strategies and trends
- utilize latest digital solutions in the social and health care in practice
- assess the assurance of cyber security

YH00CS71 Research and development based on working life: 5 ECTS

Learning outcomes

The student is able to

- to obtain information and assess the reliability and usability of the information
- critically assess the practices of scientific and research ethics in research, development and

innovation

- choose a relevant methodological approach to research and development and innovation

YH00CI17 Benefit of the Knowledge for Social and Health Services: 5 ECTS

Learning outcomes

The student is able to

- recognize the value of data and basics of information management
- create possibilities to use artificial intelligence in a social and health
- use data ethically, critically and securely

YH00DE13 Client and the client participation in digital social and health services: 5 ECTS

Learning outcomes

The student is able to

- use the latest knowledge to develop participation of the client
- critically analyze the client experience
- innovate digital solutions to reform services

YH00DE12 Professional and the work on digital social and health care environment: 5 ECTS

Learning outcomes

The student is able to

- use the latest knowledge to reform working
- analyze working models in digital working environment
- improve strategically digital services and working competences

YH00CU39 Remote management of Digital Era: 5 ECTS

Learning outcomes

The student is able to

- use the latest knowledge and practices on remote management
- promote well-being at work with remote management
- analyze work efficiency in remote management

YH00CI23 Service Design of Digital Era: 5 ECTS

Learning outcomes

The student is able to

- use concepts and the knowledge of service design
- recognize user centered view as a premise for service design
- use service design methods for digital social and health services improvement

YH00CI22 Welfare Technology and Innovations: 5 ECTS

Learning outcomes

The student is able to

- participate in the creation work of distance technological innovations in social and health care sector
- predictively improve technology competences in social and health care sector
- improve innovation work in multidisciplinary networks

HLTIYSTDIG25SV-1002 Complementary Competence: 20 ECTS**HLTIYSTDIG25SV-1003 Thesis: 30 ECTS****YO00BU70 Thesis Planning: 10 ECTS****Learning outcomes**

The student is able to

- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

YO00BU71 Thesis Project and Reporting: 20 ECTS**Learning outcomes**

The student is able to

- implement the thesis on the basis of an approved thesis plan
- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- as a maturity test, write a blog post, a press release or an article.