**Curriculum at LAB University of Applied Sciences
2025-2026**

10.02.2025

Bachelor of Social Services (in Finnish) 25S, full-time studies, Lahti

Code	Name	1 y	2 y	3 y	4 y	ECTS total
HLTISOS25S-1001 CORE COMPETENCE						**195**
HLTISOS25S-1002 Common Core Competence						**15**
AY00BT88	Developing Professional Competence 1	1				1
AY00BT89	Developing professional competence 2	0,5	0,5			1
AY00BT90	Developing Professional Competence 3		0,5	0,5		1
KS00BT59	Expert Communication Skills	4				4
A300CE13	Orientation to Sustainability Thinking		2			2
KE00BT61	English for Work		4			4
KR00BU42	Swedish for Work, Spoken		1			1
KR00BU43	Swedish for Work, Written		1			1
HLTISOS25S-1003 Professional Core Competence						**180**
HLTISOS25S-1004 Common Professional Core Competence						**15**
AH00CX78	Expert Work in the Social and Health Care Sector	3				3
AH00CX86	Expert Work in Multidisciplinary Networks		2			2
AH00BU27	Research, Development and Innovation Competence in the Social and Health Care			5		5
AY00CU42	Leadership as a profession			3		3
AY00CU16	Entrepreneurship			2		2
HLTISOS25S-1005 Stages of Life in a Community						**15**
AH00CY25	Social Inclusion	5				5
AH00CY26	Human Growth and Development	5				5
AH00CY27	Childhood Environments	5				5
HLTISOS25S-1006 Social Pedagogical Guidance Competence						**10**
AH00CY28	Instructor's Self-Knowledge and Interaction Competence	5				5
AH00CY29	Individual and Group Guidance Skills	5				5
HLTISOS25S-1007	**Client Work and Information Management in the Social Services Sector**					**15**
AH00CY30	Service System	5				5
AH00CY31	Customer Rights and Recording	5				5
AH00CY32	Goal-Oriented Customer Work	5				5
HLTISOS25S-1008 Child- and Family-Oriented Services						**10**

Code	Name					Total
AH00CY33	Multi-Actor Work with Families with Children	5				5
AH00CY34	Child Welfare Work	5				5
HLTISOS25S-1009 Encountering Diversity						**10**
AH00CY35	Integration and Building Equality	5				5
AH00CY36	Diversity Competence	5				5
HLTISOS25S-1010 Mental Well-Being and Promoting Inclusion						**15**
AH00CY37	Mental Health Competence and Addiction Work	10				10
AH00CY38	Young People's Well-Being	5				5
HLTISOS25S-1011	**Pedagogical Competence in Early Childhood Education and Care**					**15**
AH00CY44	Basics of Pedagogical Competence in Early Childhood Education and Care			10		10
AH00CY45	Support Needs in Early Childhood Education and Care			5		5
HLTISOS25S-1012 Work with Adults and Older People						**15**
AH00CY46	Social Counselling for Working-Age People			5		5
AH00CY47	Social Counselling for Persons with Disabilities			5		5
AH00CY48	Gerontological Customer Guidance			5		5
HLTISOS25S-1013 Practical Training						**45**
AH00CY39	Orientation Traineeship	10				10
AH00CY40	Traineeship in Social Inclusion		10			10
AH00CY41	Pedagogical Traineeship in Early Childhood Education and Care			15		15
AH00CY42	Traineeship in Social Counselling			15		15
AH00CY43	Advanced Traineeship				10	10
HLTISOS25S-1014 Thesis						**15**
AO00BU44	Thesis Planning			5		5
AO00BU45	Thesis Project			5		5
AO00BU46	Thesis Report			5		5
HLTISOS25S-1015 COMPLEMENTARY COMPETENCE						**30**
HLTISOS25S-1016 Alternative Complementary Competence						**15**
HLTISOS25S-1017 Optional Complementary Competence						**15**

HLTISOS25S-1001 CORE COMPETENCE: 195 ECTS

HLTISOS25S-1002 Common Core Competence: 15 ECTS

AY00BT88 Developing Professional Competence 1: 1 ECTS

Learning outcomes
The student is able to
- plan their own learning and cooperate in situations related to their own field of studies

- recognize their own competence and the needs to develop them further and to plan their career path observing them
- act as a group member
- operate in the learning environments of LAB University of Applied Sciences
- picture their own field of studies and its future skills
- give feedback on tuition and services and thus participate in the development of education

AY00BT89 Developing professional competence 2: 1 ECTS

Learning outcomes
The student is able to
- utilize various learning opportunities in curriculum
- recognize and aim their own competences to be in level with the future career requirements
- create a study plan that supports the future career goal
- give feedback on tuition and services and thus participate in the development of education

AY00BT90 Developing Professional Competence 3: 1 ECTS

Learning outcomes
The student is able to
- identify themselves as a learner and develop their own learning skills
- evaluate innovative or alternative future competences required in their own field
- recognize and aim their own competences to be in level with the future career requirements
- masters the professional concepts of their own field and is able to point out their competencies during job recruitment processes
- give feedback on tuition and services and thus participate in the development of education

KS00BT59 Expert Communication Skills: 4 ECTS

Learning outcomes
Proficiency level: C2

The student masters Finnish language as a mother tongue in all professional spoken and written communication situations.

A300CE13 Orientation to Sustainability Thinking: 2 ECTS

Learning outcomes
Identify and define central concepts and frameworks related to sustainability. Recognize the interconnectedness of economic, social and environmental sustainability issues. Understand and develop own individual role in driving sustainability.

Evaluation criterias
Level 1

Pass-Fail

KE00BT61 English for Work: 4 ECTS

Learning outcomes
Proficiency level: B2

The student is able to
- communicate clearly and effectively in different generic and field-specific workplace situations both orally and in writing
- find, evaluate and use information effectively
- function collaboratively in international working environments.

KR00BU42 Swedish for Work, Spoken: 1 ECTS

Learning outcomes
The student is able to
- convey and validate arguments
- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- present their field-specific operational environment
- communicate in various working life situations in Swedish.

The student completes the Public Administration Language Test in Swedish.

KR00BU43 Swedish for Work, Written: 1 ECTS

Learning outcomes
The student is able to
- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- understand and produce various short texts related to studies and working life
- acquire information on their field in Swedish
-use online dictionaries.

The student completes the Public Administration Language Test in Swedish.

HLTISOS25S-1003 Professional Core Competence: 180 ECTS

HLTISOS25S-1004 Common Professional Core Competence: 15 ECTS

AH00CX78 Expert Work in the Social and Health Care Sector: 3 ECTS

Learning outcomes
The student is able to
• act responsibly, ethically and in a customer-oriented manner in the operating environments of the social and health care sector
• explain legislative starting points in the social and health care sector
• explain the starting points for multidisciplinary cooperation
• describe aspects of the customer's functional capacity
• use social and health care sector databases responsibly

AH00CX86 Expert Work in Multidisciplinary Networks: 2 ECTS

Learning outcomes
The student is able to
• draw on research-based knowledge to assess the working community's operating methods and occupational safety
• analyse the structures, activities and effectiveness of the social and health care service system from the customer's perspective
• develop customer-oriented social and health care services using multidisciplinary and multi-actor cooperation
• assess and promote the goal-oriented activities of a multidisciplinary network.

AH00BU27 Research, Development and Innovation Competence in the Social and Health Care: 5 ECTS

Learning outcomes
The student is able to
- describe the most common research methods in the social and health field
- evaluate and analyze the ethical principles and reliability of research and development
- describe the stages of a research process
- explain the concept of innovation and utilize innovation in the development of one's own field
- use the most important research, development and innovation methods in their field in the implementation of the thesis

AY00CU42 Leadership as a profession: 3 ECTS

Learning outcomes
Students knows:
- the characteristics of contemporary leadership and the importance of the organization of the work community.
- the diverse field of responsibilities of leaders and their own role in it.
- basics of labor law

AY00CU16 Entrepreneurship: 2 ECTS

Learning outcomes
Student is able to
- understand entrepreneurship through personal development
- find and utilize different customer oriented business opportunities.

HLTISOS25S-1005 Stages of Life in a Community: 15 ECTS

AH00CY25 Social Inclusion: 5 ECTS

Learning outcomes

The student is able to
- explain their idea of humans and values in customer work
- explain equality and non-discrimination in social work
- understand the social inclusion of vulnerable individuals and communities
- analyse structures and processes that create inequality, disadvantage and well-being as part of civil society

AH00CY26 Human Growth and Development: 5 ECTS

Learning outcomes
The student is able to
– analyse an individual's growth and development and the factors affecting it as a part of the view of humans
– explain the significance of an individual's growth, development and stages of life to their life situation
– recognise factors related to a person's life stages that contribute to the client's goal-oriented psychosocial support

AH00CY27 Childhood Environments: 5 ECTS

Learning outcomes
The student is able to
- explain their own view of children's upbringing
- explain the diversity of family
- analyse factors related to family and family dynamics
- interpret the cultural diversity of child-rearing environments

HLTISOS25S-1006 Social Pedagogical Guidance Competence: 10 ECTS

AH00CY28 Instructor's Self-Knowledge and Interaction Competence: 5 ECTS

Learning outcomes
The student is able to
- explain the significance of self-knowledge and self-management as part of developing their expertise
- develop their own professional and dialogue-based interaction with the support of the group
- develop their self-expression and emotional skills safely using creative methods
- act ethically, justifiably and sensitively in interactive situations involving conflicting values
- develop their own and the work community's cultural well-being

AH00CY29 Individual and Group Guidance Skills: 5 ECTS

Learning outcomes
The student is able to
- describe the principles of goal-oriented individual and group guidance work
- plan, implement, assess and document goal-oriented individual and group guidance
- use dialogue, activating and sensitive interaction in individual and group guidance

- recognise the digital operating environments of guidance
- analyse their vocational guidance activities

HLTISOS25S-1007 Client Work and Information Management in the Social Services Sector: 15 ECTS

AH00CY30 Service System: 5 ECTS

Learning outcomes
The student is able to
- explain the operating principles of Finnish social security
- recognise trends in changes in societal well-being and the impacts of structures on people's well-being
- compare services and actors that support well-being
- apply a service guidance approach
- guide customers in digital services

AH00CY31 Customer Rights and Recording: 5 ECTS

Learning outcomes
The student is able to
- use key social legislation
- apply data protection regulations and information security requirements in social welfare client work
- apply the principles of structured recording of customer work
- explain the significance of information management and researched information in the social welfare client process

AH00CY32 Goal-Oriented Customer Work: 5 ECTS

Learning outcomes
The student is able to
- utilise different interaction orientations
- analyse the features and process of professional customer work
- apply key methods of customer work

HLTISOS25S-1008 Child- and Family-Oriented Services: 10 ECTS

AH00CY33 Multi-Actor Work with Families with Children: 5 ECTS

Learning outcomes
The student is able to
- work professionally and in dialogue-based manner in interactive situations with children and families, reflecting on their own activities and different operating methods
- plan a service process that is safe for the client while supporting children's and families' participation and resources
- apply the methods of preventive work and early support, taking into account the risk and protective

factors of the child's wellbeing
- explain how wellbeing services counties, municipalities, private and third sector services for families with children are organised and provided
- refer families and guardians to support in a multidisciplinary service system and guide them in the safe use of digital services

AH00CY34 Child Welfare Work: 5 ECTS

Learning outcomes
The student is able to
- act in accordance with the rights of the child, the values of the social welfare field and the principles of professional ethics while promoting and strengthening the child's inclusion and protection
- work professionally and in dialogue-based manner in interactive situations with children and families, reflecting on their own activities and different operating methods
- assess the significance of psychosocial support when working in a child's and families' change and crisis situations
- structure the child welfare process in accordance with the Child Welfare Act
- assess the significance of societal phenomena and their impact on the opportunities of individuals and families to operate in society

HLTISOS25S-1009 Encountering Diversity: 10 ECTS

AH00CY35 Integration and Building Equality: 5 ECTS

Learning outcomes
The student is able to
- recognise cultural diversity
- understand the impacts of being a minority on an individual's position in society
- act culturally sensitively and promote equality
- explain key services and legislation that promote integration

AH00CY36 Diversity Competence: 5 ECTS

Learning outcomes
The student is able to
- recognise their own values and their significance in the development of diversity competence
- reflect on their actions in culturally sensitive interactive situations
- plan, implement and evaluate social sector development projects in cooperation with different actors

HLTISOS25S-1010 Mental Well-Being and Promoting Inclusion: 15 ECTS

AH00CY37 Mental Health Competence and Addiction Work: 10 ECTS

Learning outcomes
The student is able to
- analyse their and society's perception of human beings, attitudes and values in relation to mental

health and addiction work
- follow the principles of recovery orientation in customer work
- comply with the legal basis for mental health and addiction work and key legislation
- justify the importance of comprehensive service counselling in mental health and addiction work
- apply psychosocial support in a client's change and crisis situations
- assess the significance of societal phenomena and power structures and their impact on the mental well-being and addiction issues of individuals and communities
- use research-based knowledge to promote clients' wellbeing and social inclusion

AH00CY38 Young People's Well-Being: 5 ECTS

Learning outcomes
The student is able to
- take a preventive approach to promote the well-being of young people and their communities
- assess the risk and protective factors of young people's well-being as well as structures and processes that produce well-being
- work using psychosocial support methods in different situations involving a young person's change and crisis situations
- promote the inclusion and opportunities for participation of young people and their communities

HLTISOS25S-1011 Pedagogical Competence in Early Childhood Education and Care: 15 ECTS

AH00CY44 Basics of Pedagogical Competence in Early Childhood Education and Care: 10 ECTS

Learning outcomes
The student is able to
- promote the child's feeling of being heard and inclusion in early childhood education and care and strengthen the sense of community of families and other educational communities
- explain the significance of children's peer relationships and play as a source of children's development, learning and wellbeing
- reflect on their own professional interaction and build and justify their own perception of education in accordance with legislation and research data guiding early childhood education and care
- observe, plan, implement, document, evaluate and develop the pedagogical activities and operating culture of early childhood education and care while recognising the related societal phenomena
- apply pedagogical methods and group guidance skills in early childhood education and care diversely
- analyse factors affecting the interaction and well-being of the education community
- explain their expertise in early childhood education and social pedagogy in multidisciplinary cooperation networks

AH00CY45 Support Needs in Early Childhood Education and Care: 5 ECTS

Learning outcomes
The student is able to
- assess the child's support needs together with the team and guardians

- guide guardians to the multidisciplinary service system through dialogue when necessary
- support the child and family with sufficiently timely and well-targeted support, making use of the opportunities offered by daily encounters
- develop their vocational education work by recognising children's strengths, agency and peer relationships in interaction that values different support needs
- plan, implement, document and evaluate extensive and goal-oriented activities that support the child's development based on the early childhood education and care plan and are pedagogically emphasised on the basis of researched information

HLTISOS25S-1012 Work with Adults and Older People: 15 ECTS

AH00CY46 Social Counselling for Working-Age People: 5 ECTS

Learning outcomes
The student is able to
- support working-age clients in life management, work, livelihood and studies
- use work orientation and methods in different operating environments of social guidance for working-age people
- apply the operating principles of the benefit and decision-making system of social counselling for working-age people
- promote clients' participation through structural advocacy work

AH00CY47 Social Counselling for Persons with Disabilities: 5 ECTS

Learning outcomes
The student is able to
- recognise areas of clients' functional capacity, needs for special support and forms of rehabilitation
- use the work orientations and methods of social guidance, respecting the right to self-determination in client, group and community work in different operating environments
- apply the legislation while providing disability services and utilise the service and rehabilitation system in client work
- use special methods of guidance and interaction in disability work

AH00CY48 Gerontological Customer Guidance: 5 ECTS

Learning outcomes
The student is able to
– apply service guidance in services for older people comprehensively
– act as an active expert in the social welfare field in accordance with the client's interests in multi-actor network cooperation and in the assessment of client guidance
– develop services for older people innovatively
– analyse the impacts of technology on supporting the independent everyday life of older people and strengthening their inclusion

HLTISOS25S-1013 Practical Training: 45 ECTS

AH00CY39 Orientation Traineeship: 10 ECTS

Learning outcomes
The student is able to
- follow the values and ethical principles of the social welfare and education sectors
- examine themselves as a person interacting with others and encounter customers in different professional situations
- define the operating principles of the social welfare or educational sectors
- apply the elements supporting agency and inclusion in customer work
- explain the ethical questions caused by digitalisation and technology in customer work in the social welfare or educational sector

AH00CY40 Traineeship in Social Inclusion: 10 ECTS

Learning outcomes
The student is able to
- work professionally and ethically in diverse client tasks and guidance situations
- plan, implement and assess goal-oriented customer work and the accessibility of services
- apply the key working methods of social welfare sector
- assess and develop factors affecting societal and social inclusion
- assess the possibilities of technology to promote the customer's functional capacity and wellbeing

AH00CY41 Pedagogical Traineeship in Early Childhood Education and Care: 15 ECTS

Learning outcomes
The student is able to
- build their own identity as an educator
- observe, plan, implement and assess pedagogical activities
- use the methods of guidance and play diversely for a group of children while supporting children's agency and peer relationships
- strengthen the participation and communality of families and other communities involved in the child's upbringing
- contribute to the development of the operating culture of early childhood education and care

AH00CY42 Traineeship in Social Counselling: 15 ECTS

Learning outcomes
The student is able to
- assess clients' functional capacity and service needs
- apply an approach of promoting wellbeing, early support and rehabilitative work in client work in social welfare
- record information in electronic databases in compliance with data protection regulations and data security requirements
- promote the safe use of technology in work communities
- analyse the impact of social work on individuals, communities and society
- compare research-based knowledge in the selection of effective operating methods

AH00CY43 Advanced Traineeship: 10 ECTS

Learning outcomes
The student is able to
- work in multidisciplinary teams and work communities and recognise the opportunities of regional, national and international networks
- recognise the significance of self-management and the management of the work community as part of work management and sustainable organisation
- assess information management in customer work and supervisory work
- develop research and experience knowledge in a customer-oriented manner, drawing on customer work practices, methods or service processes

HLTISOS25S-1014 Thesis: 15 ECTS

AO00BU44 Thesis Planning: 5 ECTS

Learning outcomes
Student is able to
- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

AO00BU45 Thesis Project: 5 ECTS

Learning outcomes
Student is able to
- implement the thesis on the basis of an approved thesis plan

AO00BU46 Thesis Report: 5 ECTS

Learning outcomes
Student is able to
- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- write a maturity test.

HLTISOS25S-1015 COMPLEMENTARY COMPETENCE: 30 ECTS

HLTISOS25S-1016 Alternative Complementary Competence: 15 ECTS

HLTISOS25S-1017 Optional Complementary Competence: 15 ECTS