

**Curriculum at LAB University of Applied Sciences  
2025-2026**

# **Bachelor of Health Care, Public Health Nurse 25K, full-time studies, Lappeenranta**

Code	Name	1 y	2 y	3 y	4 y	ECTS total
<b>HLPRPHN25K-1001 CORE COMPETENCE</b>						<b>240</b>
<b>HLPRPHN25K-1002 Common Studies</b>						<b>13</b>
AY00CT34	Developing Professional Competences 1	1				1
AY00CE72	Developing Professional Competences 2		1			1
AY00CE73	Developing Professional Competences 3			1		1
KE00CE75	English for Professional Communication	5				5
KE00CE74	Intercultural Awareness	3				3
A300CE13	Orientation to Sustainability Thinking			2		2
KS00BT59	Expert Communication Skills					0
KR00BU43	Swedish for Work, Written					0
KR00BU42	Swedish for Work, Spoken					0
<b>HLPRPHN25K-1003 Professional Core Competence</b>						<b>212</b>
AH00CL43	Professional Base in Social and Health Care	3				3
AH00CK77	Research, Development and Innovation Competence in the Social and Health Care		5			5
K200CE69	Finnish 1	3				3
K200CE70	Finnish 2	3				3
K200CH62	Finnish 3	3				3
K200CH63	Finnish 4	3				3
K200DC41	Suomea hoitotyössä			3		3
AH00CP63	Written Communication in Nursing			5		5
<b>HLPRPHN25K-1004 Basics of Professional Nursing</b>						<b>20</b>
AH00CK57	Principles of Nursing	5				5
AH00CK55	Clinical Nursing Interventions	5				5
AH00CK56	Basics of Anatomy and Physiology	5				5
AH00CK58	Clinical Training in Basics of Nursing	5				5
<b>HLPRPHN25K-1020 Safe Medical-Surgical Nursing</b>						<b>15</b>
AH00CK60	Medical-Surgical Nursing	10				10
AH00CK59	Pharmacotherapy	5				5
<b>HLPRPHN25K-1026 Self-Care Supporting Medical-Surgical Nursing</b>						<b>10</b>
AH00CM83	Clinical Training in Medical-Surgical Nursing 1		10			10
<b>HLPRPHN25K-1021 Client-Centered Safe Acute Care</b>						<b>5</b>

AH00DC42	Social and Health Care Services and Assessment of Need for Care		5			5
<b>HLPRPHN25K-1022</b>	<b>Customer-Oriented Mental Health and Substance Abuse Nursing</b>					<b>15</b>
AH00CK68	Mental Health and Substance Abuse Nursing		5			5
AH00CU01	Clinical Training in Mental Health and Substance Abuse Nursing		10			10
<b>HLPRPHN25K-1023</b>	<b>Health Promotion in Nursing</b>					<b>10</b>
AH00CU03	Clinical Training in Self-Care Supporting Nursing			10		10
<b>HLPRPHN25K-1024</b>	<b>Multidisciplinary Care for Children, Young People and Families</b>					<b>9</b>
AH00CK71	Child, Adolescent and Family Nursing		5			5
AH00DC43	Ethics and Cultural Competence	4				4
<b>HLPRPHN25K-1025</b>	<b>Ethic Gerontological Nursing</b>					<b>15</b>
AH00CK76	Gerontological Nursing		5			5
AH00DC44	Clinical training in Homecare Nursing		10			10
<b>HLPRPHN25K-1027</b>	<b>Competence in Public Health Nursing Promoting Client Inclusion</b>					<b>20</b>
AH00DC45	Health-Promoting Work in Public Health Nursing			5		5
AH00DC46	Public Health Nursing of Communicable Diseases and Advanced Vaccination Competence			3		3
AH00DC47	Promoting Environmental Health			3		3
AH00DC48	Public Health Nursing of the Elderly		4			4
AH00DC58	Clinical training in Promoting Health and Well-Being			5		5
<b>HLPRPHN25K-1028</b>	<b>Public Health Nursing Competence for Families and Children</b>					<b>30</b>
AH00DC49	Social Welfare of Children, Young People and Families			2,5	2,5	5
AH00DC50	Public Health Nursing for Children and Families			10		10
AH00DC51	Clinical Training in Public Health Nursing with Families and Children				15	15
<b>HLPRPHN25K-1029</b>	<b>Public Health Nursing Competence for Individuals and Communities</b>					<b>25</b>
AH00DC52	Public Health Nursing for Schoolchildren and Students				5	5
AH00DC53	Multidisciplinary Public Health Nursing				5	5
AH00DC54	Nursing of Persons of Working Age Occupational health care				5	5
AH00DC55	Clinical training in Public Health Nursing of Schoolchildren, Students and People Of Working Age				10	10
<b>HLPRPHN25K-1030</b>	<b>Competence in Social public Health Nursing</b>					<b>10</b>
AH00DC56	Promotion and Management of Health and Well-being				5	5
AH00DC57	Development of Public Health Nursing				5	5
<b>HLPRPHN25K-1014</b>	<b>Thesis</b>					<b>15</b>
AO00CE88	Thesis Planning				5	5
AO00CE89	Thesis Research and Writing				5	5
AO00CE90	Thesis Publication				5	5

<b>HLPRPHN25K-1033 Medication Calculations</b>					<b>0</b>
AH00DC05	Medication Calculations 2				0
AH00DC06	Medication Calculations 3				0
<b>HLPRPHN25K-1032 Assessment of Nurse's Core Competences (180 ECTS)</b>					<b>0</b>
AH00CQ77	Assessment of Nurse's Core Competences (180 ECTS)				0
AH00CX27	Basic competence in nursing exam				0
AH00CX29	Medical nursing competence exam				0
AH00CX30	Surgical and perioperative nursing competence skill test				0
AH00CX31	Competence in Mental health and substance abuse exam and OSVE				0
AH00CX32	Child, adolescent and family nursing competence skill test				0
AH00CX33	Competence in nursing in different environments skill test				0
AH00CX34	Nursing competence in special patient groups: Palliative nursing and end-of-life care exam				0
<b>HLPRPHN25K-1015 COMPLEMENTARY COMPETENCE</b>					<b>0</b>

## **HLPRPHN25K-1001 CORE COMPETENCE: 240 ECTS**

### **HLPRPHN25K-1002 Common Studies: 13 ECTS**

### **AY00CT34 Developing Professional Competences 1: 1 ECTS**

#### **Learning outcomes**

The student is able to

- plan their own learning and cooperate in situations related to their own field of studies
- recognize their own competence and the needs to develop them further and to plan their career path observing them
- act as a group member
- operate in the learning environments of LAB University of Applied Sciences
- picture their own field of studies and its future skills
- give feedback on tuition and services and thus participate in the development of education

### **AY00CE72 Developing Professional Competences 2: 1 ECTS**

#### **Learning outcomes**

The student is able to

- utilize various learning opportunities in curriculum
- recognize and aim their own competences to be in level with the future career requirements
- create a study plan that supports the future career goal
- give feedback on tuition and services and thus participate in the development of education

### **AY00CE73 Developing Professional Competences 3: 1 ECTS**

#### **Learning outcomes**

The student is able to

- identify themselves as a learner and develop their own learning skills

- evaluate innovative or alternative future competences required in their own field
- recognize and aim their own competences to be in level with the future career requirements
- masters the professional concepts of their own field and is able to point out their competencies during job recruitment processes
- give feedback on tuition and services and thus participate in the development of education

## **KE00CE75 English for Professional Communication: 5 ECTS**

### **Learning outcomes**

Proficiency level: B2

The student is able to

- identify the characteristics of academic texts and to apply academic conventions to their writing
- demonstrate critical thinking and find, evaluate and use information effectively
- communicate clearly and effectively in different generic and field-specific workplace situations both orally and in writing
- function collaboratively in contemporary working environments in English.

## **KE00CE74 Intercultural Awareness: 3 ECTS**

### **Learning outcomes**

Students are able to

- understand cultural similarities and differences
- work effectively with international partners
- analyze business and work life cultures including Finland using different cultural frameworks
- understand culture adaptation and adjustment.

## **A300CE13 Orientation to Sustainability Thinking: 2 ECTS**

### **Learning outcomes**

Identify and define central concepts and frameworks related to sustainability. Recognize the interconnectedness of economic, social and environmental sustainability issues. Understand and develop own individual role in driving sustainability.

### **Evaluation criterias**

Level 1

Pass-Fail

## **KS00BT59 Expert Communication Skills: 4 ECTS**

### **Learning outcomes**

Proficiency level: C2

The student masters Finnish language as a mother tongue in all professional spoken and written communication situations.

## **KR00BU43 Swedish for Work, Written: 1 ECTS**

### **Learning outcomes**

The student is able to

- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- understand and produce various short texts related to studies and working life
- acquire information on their field in Swedish
- use online dictionaries.

The student completes the Public Administration Language Test in Swedish.

## **KR00BU42 Swedish for Work, Spoken: 1 ECTS**

### **Learning outcomes**

The student is able to

- convey and validate arguments
- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- present their field-specific operational environment
- communicate in various working life situations in Swedish.

The student completes the Public Administration Language Test in Swedish.

## **HLPRPHN25K-1003 Professional Core Competence: 212 ECTS**

## **AH00CL43 Professional Base in Social and Health Care: 3 ECTS**

### **Learning outcomes**

The student is able to

- explain the organization of the social and health service system and describe the client's position in the social and health service system
- describe the values and ethical principles in their field as well as the key regulations governing operations
- describe the principles of evidence-based information and action
- identify factors of well-being and functioning at an individual and community level

## **AH00CK77 Research, Development and Innovation Competence in the Social and Health Care: 5 ECTS**

### **Learning outcomes**

The student is able to

- describe the most common research methods in the social and health field
- evaluate and analyze the ethical principles and reliability of research and development
- describe the stages of a research process
- explain the concept of innovation and utilize innovation in the development of one's own field
- use the most important research, development and innovation methods in their field in the implementation of the thesis

## **K200CE69 Finnish 1: 3 ECTS**

### **Learning outcomes**

The student is able to

- identify and use the course vocabulary and phrases for common everyday situations
- tell about oneself and understand basic questions
- read and write simple sentences related to the course topics.

Proficiency level: A1

## **K200CE70 Finnish 2: 3 ECTS**

### **Learning outcomes**

The student is able to

- communicate in most common everyday situations
- understand slowly and clearly spoken Finnish when the topic and the vocabulary are familiar
- understand and write a simple message or text
- use the basic vocabulary and some grammatical structures of Finnish.

Proficiency level: A1

## **K200CH62 Finnish 3: 3 ECTS**

### **Learning outcomes**

The student is able to

- tell about their own housing and neighbourhood.
- understand and write simple messages and announcements related to housing.
- understand and speak words and expressions related to weather.
- ask questions in simple shopping and other situations (e.g., clothing and furniture stores and bus and railway stations).
- read short advertisements, announcements and other texts related to travelling (e.g., timetables).

Proficiency level: A1

## **K200CH63 Finnish 4: 3 ECTS**

### **Learning outcomes**

The student is able to

- ask about the health and describe their own health.
- describe places, things and people.
- understand and write short messages about everyday life (e.g., invitations, requests, messages of absence).
- understand short messages and advertisements related to celebrations and events.
- tell about matters and events using the most common verbs in the past tense.

Proficiency level: A1

## **K200DC41 : 3 ECTS**

## **AH00CP63 Written Communication in Nursing: 5 ECTS**

### **Learning outcomes**

The student is able to

- explain the different stages of the nursing process and identifies the issues to be documented in the different stages.
- identify the key principles of documentation
- identify the content of the national documentation model
- use structured documentation based on the case scenario
- use appropriate language structures at different stages of documentation

## **HLPRPHN25K-1004 Basics of Professional Nursing: 20 ECTS**

### **AH00CK57 Principles of Nursing: 5 ECTS**

#### **Learning outcomes**

The student is able to

- describe the scientific basis, values, ethical principles and guidelines of nursing
- identify different client groups in nursing
- describe the starting points and principles of customer guidance
- list data protection and security requirements and social legislation for social and health care
- explain the main principles of social and health documentation and plan the nursing process

### **AH00CK55 Clinical Nursing Interventions: 5 ECTS**

#### **Learning outcomes**

The student is able to

- implement basic clinical nursing skills and interpret basic organ functions in a customer-oriented manner
- work ergonomically and follow occupational safety instructions in nursing
- describe the basics of microbiology and the principles of infection control
- explain the principles of patient safety
- calculate the dosages of drugs used in pharmacotherapy and understand their responsibility for the correctness of the calculations

### **AH00CK56 Basics of Anatomy and Physiology: 5 ECTS**

#### **Learning outcomes**

The student is able to

- identify and explain the structure, function and regulation of the organ systems of the human body
- examine a patient using basic nursing skills
- give first aid

### **AH00CK58 Clinical Training in Basics of Nursing: 5 ECTS**

#### **Learning outcomes**

The student is able to

- act in accordance with the ethical and sustainable principles of nursing
- implement professional interaction in customer-oriented nursing
- implement basic nursing skills in promoting the client's health
- assess the client's state of health and plan client-oriented nursing work

## **HLPRPHN25K-1020 Safe Medical-Surgical Nursing: 15 ECTS**

### **AH00CK60 Medical-Surgical Nursing: 10 ECTS**

#### **Learning outcomes**

The student is able to

- define primary treatment paths and processes of a medical-surgical and perioperative client
- assess the treatment needs of a medical-surgical client and implement key nursing measures
- apply knowledge of the primary medical-surgical diseases in nursing care
- apply knowledge of pathophysiology and pharmacology in medical-surgical nursing care and safe pharmacology

### **AH00CK59 Pharmacotherapy: 5 ECTS**

#### **Learning outcomes**

The student is able to

- identify the legal and ethical responsibilities of the nurse in pharmacotherapy
- carry out pharmacological treatment safely and evaluate the effect of pharmacological treatment
- list the pharmacological mechanisms of action, disadvantages and contraindications of medicines used to treat the most common diseases
- justify the choice of the medicinal product in terms of drug properties, drug interactions and compliance
- guide the client in the implementation of medication

## **HLPRPHN25K-1026 Self-Care Supporting Medical-Surgical Nursing: 10 ECTS**

### **AH00CM83 Clinical Training in Medical-Surgical Nursing 1: 10 ECTS**

#### **Learning outcomes**

The student is able to

- plan, implement and evaluate the nursing care of an internal medicine-surgical client
- carry out the client's medication and fluid treatment safely
- implement nutritional treatment and guidance
- apply nursing methods and a rehabilitative approach safely at all stages of the nursing process
- promote a positive customer experience
- record the client's nursing process

### **HLPRPHN25K-1021 Client-Centered Safe Acute Care: 5 ECTS**

### **AH00DC42 Social and Health Care Services and Assessment of Need for Care: 5 ECTS**

### **HLPRPHN25K-1022 Customer-Oriented Mental Health and Substance Abuse Nursing: 15 ECTS**

### **AH00CK68 Mental Health and Substance Abuse Nursing: 5 ECTS**



**Learning outcomes**

The student is able to

- create a therapeutic interaction in mental health and substance abuse treatment
- reflect one's own values and attitudes to the ethical principles of mental health and substance abuse treatment
- apply non-pharmacological and pharmacological methods of nursing
- identify mental health and substance abuse problems and understand the need for and stages of physical, mental and social care in different nursing settings
- describe the symptoms of the most common psychiatric illnesses and disorders, the symptoms, the main features of the treatment, the methods of treatment and the significance for the client and society

**AH00CU01 Clinical Training in Mental Health and Substance Abuse Nursing: 10 ECTS****Learning outcomes**

The student is able to

- meet mental health and substance abuse clients and their loved ones and look at interaction situations with theoretical and experiential knowledge
- assess the client's mental well-being and the need for rehabilitation
- implement pharmacological and non-pharmacological methods of nursing
- plan, implement and evaluate the care process of one's own care client
- implement mentoring and service counseling for mental health and substance abuse clients
- analyze the activities of the multidisciplinary working group and his/her own contribution to the working group
- evaluate one's own thinking, multidisciplinary decision-making criteria and work ethic

**HLPRPHN25K-1023 Health Promotion in Nursing: 10 ECTS****AH00CU03 Clinical Training in Self-Care Supporting Nursing: 10 ECTS****Learning outcomes**

The student is able to

- carry out nursing that supports the client's self-care in ambulatory and home care environments
- make independent decisions and justify them in a customer-oriented and evidence-based manner
- carry out multi-professional team work in a multicultural customer work
- recognize and evaluate risk factors that negatively affect health, functioning and work capacity as well as coping at work
- evaluate customer-oriented nursing care in reception work, electronic services and home care

**HLPRPHN25K-1024 Multidisciplinary Care for Children, Young People and Families: 9 ECTS****AH00CK71 Child, Adolescent and Family Nursing: 5 ECTS****Learning outcomes**

The student is able to

- apply nursing methods in the planning, implementation and evaluation of care for children of different ages
- carry out safe treatment of children and adolescents with medicines, fluids and pain

- describe the most common pediatric diseases and their medical treatment
- identify key care pathways for children, young people and families
- identify service needs and refer customers to services
- identify the challenges of the well-being of diverse families and promote the well-being of families
- explain the progression and monitoring of pregnancy and childbirth

## **AH00DC43 Ethics and Cultural Competence: 4 ECTS**

## **HLPRPHN25K-1025 Ethic Gerontological Nursing: 15 ECTS**

## **AH00CK76 Gerontological Nursing: 5 ECTS**

### **Learning outcomes**

The student is able to

- assess the factors impairing the elderly's ability to function and prevent their impact on the client's well-being
- apply comprehensive geriatric assessment (CGA) in assessing the client's need for care and in the implementation of care
- describe the specific features of memory disorders in the planning, implementation and evaluation of treatment
- use technology to support a good quality of life and care for the elderly
- apply their knowledge of geriatric diseases in the planning, implementation and evaluation of nursing work

## **AH00DC44 : 10 ECTS**

## **HLPRPHN25K-1027 : 20 ECTS**

## **AH00DC45 Health-Promoting Work in Public Health Nursing: 5 ECTS**

### **Learning outcomes**

- follow customer-oriented and effective operating models and working methods in public health nursing as well as implement and develop customer-oriented operating models and working methods for the promotion of health
- use and develop user-oriented digital services innovatively and justify questions related to ethics and legality in the work of a public health nurse
- assess multidisciplinary communication in multidisciplinary cooperation and multi-actor networks and their role in it
- work with a culturally sensitive approach and cooperatively, support clients and families from different cultures and cultural backgrounds and promote their health, functional capacity and well-being

## **AH00DC46 Public Health Nursing of Communicable Diseases and Advanced Vaccination Competence: 3 ECTS**

### **Learning outcomes**

- apply national and international guidelines and regulations related to the prevention and treatment of infectious diseases in their work
- follow the procedures for the prevention and treatment of infectious diseases in the national

vaccination programme and other infectious diseases occurring in Finland and provide guidance in related issues

- carry out the national vaccination programme and master the vaccination process
- provide tourist health counselling and understand the tourist's vaccination process

## **AH00DC47 Promoting Environmental Health: 3 ECTS**

### **Learning outcomes**

- comply with environmental health care legislation, operating systems and programmes as well as the principles of sustainable development and promote their implementation in public health nursing
- distinguish between threatening global, national and local environmental factors and factors challenging the health, safety and functional capacity of people of different ages
- promote factors that maintain and strengthen health and an accessible environment, work in cooperation with environmental health care actors, and provide information on the responsibilities and obligations of public health nurses
- prevent, identify and treat accidents involving people of different ages and provide and guide the administration of first aid

## **AH00DC48 Public Health Nursing of the Elderly: 4 ECTS**

### **Learning outcomes**

- promote the holistic well-being of older people and their families and assess the factors affecting it
- apply a preventive approach to public health nursing for older people, explain the special features of health counselling for older people, assess the need for services comprehensively and guide customers to available services
- work together with an ageing person and their family or loved ones and guide in the decision-making related to promoting the health of the ageing person and safeguarding a dignified life

## **AH00DC58 Clinical training in Promoting Health and Well-Being: 5 ECTS**

### **Learning outcomes**

- help clients recognise their own resources in maintaining health and self-care and strengthen clients' participation
- plan, implement and assess evidence-based activities that promote the client's/organisation's health and wellbeing
- apply the operating models and working methods of public health nursing in a client-oriented manner
- work in a goal-oriented manner in multidisciplinary cooperation networks, working groups and projects and changing operating environments
- work responsibly and plan, assess and develop their capabilities for project work

## **HLPRPHN25K-1028 : 30 ECTS**

## **AH00DC49 Social Welfare of Children, Young People and Families: 5 ECTS**

### **Learning outcomes**

- apply the legislation on public health nursing and particularly the obligation to notify and cooperate related to health care as the basis of their work
- illustrate the support needs of children, young people and families and develop the quality of related

services

- know how to act as a health care expert in the multidisciplinary assessment of service needs and assess the quality of activities and their impacts on family wellbeing
- use a sensitive approach in diverse public health nursing

## **AH00DC50 Public Health Nursing for Children and Families: 10 ECTS**

### **Learning outcomes**

- implement and assess the monitoring and strengthening of the health, well-being and resources of a person expecting a child and a family with children in cooperation with the family.
- implement and assess working methods for health promotion in maternity and child health clinic work and work in multidisciplinary cooperation, promoting the health and safety of families and the child's development environment.
- plan, implement and assess follow-ups during pregnancy and after childbirth, recognise the most common disorders and the needs for additional support for the family, refer to further care if necessary, and provide client-oriented support to the family early enough.
- assess and support parenthood and the child's growth and development, recognise risks related to the child's health, insecurity and social development, and strengthen families' resources
- implement client-oriented breastfeeding guidance in accordance with the national breastfeeding recommendation

## **AH00DC51 Clinical Training in Public Health Nursing with Families and Children: 15 ECTS**

### **Learning outcomes**

- plan, implement and evaluate the monitoring of the pregnant person's health and wellbeing and methods of health promotion together with the family and a multidisciplinary network.
- carry out customer-oriented family planning
- recognise the most common disorders during pregnancy and after childbirth and refer the customer to appropriate treatment if necessary
- guide and support mothers and families before and after birth in breastfeeding in accordance with the national action plan for promoting breastfeeding
- strengthen parenthood and promote the well-being and resources of families with children as well as the health and safety of the child's development environment.
- apply the methods of promoting the health of families with children together with the family and a multidisciplinary network.
- plan, implement and assess the monitoring of a child's health, growth and development
- guide families to a national vaccination programme and know how to implement it using evidence-based methods

## **HLPRPHN25K-1029 : 25 ECTS**

## **AH00DC52 Public Health Nursing for Schoolchildren and Students: 5 ECTS**

### **Learning outcomes**

- analyse and justify the content and tasks of student welfare and school and student health nurse's work at the individual and community level
- know how to utilise digital solutions in different operating environments to monitor the welfare and health of schoolchildren, students and families

- recognise and assess children's and young people's symptoms and illnesses and their impacts on their study ability
- assess the need for individual support and know how to support schoolchildren and students and refer them to further care if necessary
- know how to use and apply different methods of health promotion and activities in multidisciplinary cooperation networks

## **AH00DC53 Multidisciplinary Public Health Nursing: 5 ECTS**

### **Learning outcomes**

- work in different working groups and networks and assess their activities and impacts
- use methods of health promotion that strengthen different resources in their work in a client-oriented manner
- implement promotive and preventive public health nursing in different operating environments to strengthen the resources and participation of individuals, communities and society
- choose and use operating models and working methods that increase and have an impact on clients' participation at the individual, group and community level
- work as experts in their field and profession in multidisciplinary cooperation and multi-actor networks and predict factors preventing and promoting cooperation

## **AH00DC54 Nursing of Persons of Working Age Occupational health care: 5 ECTS**

### **Learning outcomes**

- analyse the overall entity of social welfare and health care services and the role of a public health nurse in it
- promote the health and work ability of working-age people and recognise the effects of work, work communities and environments on health in different operating environments by utilising digital solutions
- plan, implement and assess occupational health care activities of working-age people and workplace in occupational health cooperation in accordance with good occupational health care practices
- explain the basic processes of occupational health care as part of a customer-oriented service system.
- promote multidisciplinary activities in supporting the health and work ability of working-age people and work in multidisciplinary teams and networks.
- assess the health-related exposure, workload and resource factors of work and draw up evidence-based recommendations and proposals for measures on them

## **AH00DC55 Clinical training in Public Health Nursing of Schoolchildren, Students and People Of Working Age: 10 ECTS**

### **Learning outcomes**

- implement, monitor and promote the health, wellbeing and ability to study of pupils and students according to individual needs
- assess the need for special support and further care for children, school-aged children, young people and their families as well as students
- maintain and promote a healthy, safe and healthy community and environment in cooperation with schoolchildren, students, families and various stakeholders
- apply different methods and communicate in an evidence-based manner on matters related to health and wellbeing
- Promote the health, work ability and well-being of working-age people, recognise the importance of occupational health cooperation with workplaces and recognise different needs for occupational health cooperation

- assess and promote the agency of a working-age client, the health of the workplace and the work community, work ability and the factors affecting them.
- explain the significance of workplace surveys, assessments of workplace health hazards and work-related risk and workload factors for the employee's health and work ability
- Utilise digital and well-being technology solutions for managing, monitoring and supporting work ability and functional capacity
- understand the importance of good occupational health care practices and multidisciplinary in occupational health care and assess their operating methods

## **HLPRPHN25K-1030 : 10 ECTS**

## **AH00DC56 Promotion and Management of Health and Well-being: 5 ECTS**

## **AH00DC57 Development of Public Health Nursing: 5 ECTS**

### **Learning outcomes**

- implement and evaluate a workplace-oriented and evidence-based development process
- integrate RDI activities in the work of a public health nurse
- act as an expert in public health nursing in multi-actor networks
- promote sustainable, responsible and ethical activities in the health and social services sector

## **HLPRPHN25K-1014 Thesis: 15 ECTS**

## **AO00CE88 Thesis Planning: 5 ECTS**

### **Learning outcomes**

The student is able to:

- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

## **AO00CE89 Thesis Research and Writing: 5 ECTS**

### **Learning outcomes**

The student is able to:

- implement the thesis on the basis of an approved thesis plan.

## **AO00CE90 Thesis Publication: 5 ECTS**

### **Learning outcomes**

The student is able to:

- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- write a maturity test.

## **HLPRPHN25K-1033 : 0 ECTS**

**AH00DC05 Medication Calculations 2: 0 ECTS****Learning outcomes**

The student can:

- The student can calculate the drug doses used in drug therapy
- Can calculate medical calculations flawlessly

**AH00DC06 Medication Calculations 3: 0 ECTS****Learning outcomes**

The student can:

- The student can calculate the drug doses used in drug therapy
- Can calculate medical calculations flawlessly

**HLPRPHN25K-1032 Assessment of Nurse's Core Competences (180 ECTS): 0 ECTS****AH00CQ77 Assessment of Nurse's Core Competences (180 ECTS): 0 ECTS****AH00CX27 Basic competence in nursing exam: 0 ECTS****AH00CX29 : 0 ECTS****AH00CX30 Surgical and perioperative nursing competence skill test: 0 ECTS****AH00CX31 Competence in Mental health and substance abuse exam and OSVE: 0 ECTS****AH00CX32 Child, adolescent and family nursing competence skill test: 0 ECTS****AH00CX33 Competence in nursing in different environments skill test: 0 ECTS****AH00CX34 Nursing competence in special patient groups: Palliative nursing and end-of-life care exam: 0 ECTS****HLPRPHN25K-1015 COMPLEMENTARY COMPETENCE: 0 ECTS**