**Curriculum at LAB University of Applied Sciences
2022-2023**

21.02.2022

Bachelor of Health Care, Public Health Nursing, post-graduate conversion programme 22S, Lahti

Code	Name	1 y	2 y	ECTS total
HLTITH22SMUM-1001	**Professional Core Competence**			**10**
HLTITH22SMUM-1002	**Customer-Oriented Public Health Nursing**			**5**
AH00CA48	Public Health Nursing with Elderly People	5		5
HLTITH22SMUM-1003	**Public Health Nursing with Society**			**5**
AH00CA50	Promote Populations Wellbeing	5		5
HLTITH22SMUM-1004	**Complementary Competence**			**50**
HLTITH22SMUM-1005	**Public Health Nursing with Children and Families**			**35**
AH00CA88	Children's, Adolescents' and Families' Social Wellbeing	5		5
AH00CA89	Public Health Nursing with Pregnant and Families	10		10
AH00CH67	Clinical Training with Pregnant and Families	10		10
AH00CH68	Clinical Training with Schoolchildren, Students and Employees		10	10
HLTITH22SMUM-1006	**Public Health Nursing with Individuals and Communities**			**15**
AH00CA91	Public Health Nursing with Schoolchildren and Students	5		5
AH00CA92	Public Health Nursing with Employees	5		5
AH00CA94	Developing Task		5	5
KVV0401	Drug Calculations 7			0

HLTITH22SMUM-1001 Professional Core Competence: 10 ECTS

HLTITH22SMUM-1002 Customer-Oriented Public Health Nursing: 5 ECTS

AH00CA48 Public Health Nursing with Elderly People: 5 ECTS

Learning outcomes
The student is able to
- promote the overall well-being of an elderly person and their family and evaluate the factors affecting it
- apply preventive approach in public health nursing for elderly and explain the characteristics of the health counseling for elderly people
- explain the content and meaning of competence in aging and age-friendliness from the perspectives of individual and community and how to promote them
- support the involvement, equality and activity of an elderly person in a community and society

HLTITH22SMUM-1003 Public Health Nursing with Society: 5 ECTS

AH00CA50 Promote Populations Wellbeing: 5 ECTS

Learning outcomes
The student is able to
- apply well-being strategies in planning, implementing, evaluating and developing public health nursing
- utilize indicator data and community analysis in activity that promotes well-being and evaluate quality and effects of health services
- recognize and evaluate social challenges of the future of well-being
- work as a professional in public health nursing and as an influential person in society
- recognize the need of human impact assessment (EVA, LAVA) and master the process of ex-ante assessment in decision-making
- work for promoting public health and for narrowing the health differences between demographic groups by applying predictive data on public health

HLTITH22SMUM-1004 Complementary Competence: 50 ECTS

HLTITH22SMUM-1005 Public Health Nursing with Children and Families: 35 ECTS

AH00CA88 Children's, Adolescents' and Families' Social Wellbeing: 5 ECTS

Learning outcomes
Student can:
- identify key legislation, in particular the obligation to notify and cooperate on health care
- identify the support needs of children, young people and families and related services-
- act as a health care expert in the multidisciplinary assessment of the need for services and to assess the effects of activities on the well-being of the family

AH00CA89 Public Health Nursing with Pregnant and Families: 10 ECTS

Learning outcomes
Student can:
- carry out and evaluate, in cooperation with the family, the monitoring and strengthening of the health, well-being and resources of the expectant child and the family with children.
- plan, implement and evaluate customer-oriented family planning
- implement and evaluate working methods for health promotion in maternity and child health counseling and work in multi-professional co-operation to promote the well-being of families and the health and safety of the child's developmental environment
- plan, implement and evaluate follow-up during pregnancy and postpartum, identify the most common disorders and needs for additional family support, and refer to follow-up care if necessary and provide family-oriented support to the family early enough
- act in a customer-oriented manner in the treatment of childbirth
- assess and support parenting and the child's growth and development, identify risks to the child's health, insecurity and social development, and strengthen family resources

AH00CH67 Clinical Training with Pregnant and Families: 10 ECTS

Learning outcomes
Student can:
- assess and promote the well-being and home safety of the expectant child and the family with children
- act in a customer-oriented manner, taking into account the cultural and individual characteristics of families
- carry out work on the prevention of communicable diseases in counseling and home environments
- co-operate with family services and child protection, taking into account the support needs of the client family and the best interests of the child
- implement customer-oriented breastfeeding guidance in accordance with the national breastfeeding recommendation

AH00CH68 Clinical Training with Schoolchildren, Students and Employees: 10 ECTS

Learning outcomes
Student can:
- to promote the safety of the school community and the health of the environment
- carry out work on the prevention of communicable diseases in the school and study environment
- taking into account multicultural differences in student well-being
- to promote the safety of the school community and the health of the environment
- carry out work on the prevention of communicable diseases in the school and study environment
- taking into account multicultural differences in student well-being
- understand the importance of occupational health collaboration with workplaces and identify the needs of work communities
- understand the importance of workplace surveys and the assessment of workplace health hazards and work-related hazards and stressors for the health of the worker
- is able to carry out health examinations and on the basis of them promote the health, work and functional ability of employees
- identify ways to manage, monitor and support work and functional capacity
- understands the importance of good occupational health care practice and multi-professionalism in occupational health care
- understands the importance of work-based sick leave and is able to carry out sick leave in occupational health care

HLTITH22SMUM-1006 Public Health Nursing with Individuals and Communities: 15 ECTS

AH00CA91 Public Health Nursing with Schoolchildren and Students: 5 ECTS

Learning outcomes
Student is able to:
- explain the content and tasks of the school nurse's work at the individual and community level
- monitor the well-being and health of the school-age child and young person
- identify the need for individual support as well as support and, if necessary, refer it to further care for school-age and young people

- is able to use and apply different methods of health promotion
- understand the whole of interprofessionalism, cooperation networks and study care in student health care

AH00CA92 Public Health Nursing with Employees: 5 ECTS

Learning outcomes
Student can:
- assess the health of people of working age and understand the importance of work for people
- use practices in occupational health care in accordance with good occupational health care practice and ethical principles and understand their significance for clients' health and ability to work
- understand the importance of multi-professionalism and multidisciplinary in the assessment of work-related, working conditions and employee resources, as well as workload and risk factors, and is able to propose evidence-based measures to eliminate hazards and develop work, and be able to justify their actions
- explain the main occupational diseases and occupational diseases and be able to assess their significance for the employee's health and ability to work and function

AH00CA94 Developing Task: 5 ECTS

Learning outcomes
Student can:
- design, implement and evaluate a work-based development process
- use evidence-based information and effective methods in their development work

KVV0401 Drug Calculations 7: 0 ECTS