

**Curriculum at LAB University of Applied Sciences
2022-2023**

Master of Health Care, Advanced Nursing Practice 22S, Lahti

Code	Name	1 y	2 y	3 y	ECTS total
HLTIYKL22S-1001 Core Competence					40
YY00CL94	Research, Development and Innovation Methods	5			5
YH00CR95	Advanced nursing practice in the transformation of the health and social services				0
YH00CR82	Interprofessional and management communication				0
HLTIYKL22S-1002 Assessment of Health and Functional Capacity in Nursing					15
YH00CA64	Client-Based Comprehensive Assessment	5			5
YH00CA65	Clinical Assessment and Reasoning in Nursing	10			10
HLTIYKL22S-1003 Production of Social and Health Services in Future Ecosystems					10
YTS0080	Ecosystem of Social- and Health Care Services		5		5
YH00CR96	Providing sustainable services				0
HLTIYKL22S-1004 Complementary Competence					20
YH00CG13	Encountering a Mental Health and Substance Abuse Client				0
YH00CL56	Quality Care and Comprehensive Assessment of the Gerontological Client				0
YTS0077	The Service System, Development Guidelines and Strategies of Occupational Health Care				0
YTS0078	Promoting the Health of the Working-Age Population				0
YTS0079	Planning of the Operations and Evaluation of the Occupational Health Care Unit				0
YTS0082	Experts in the Future				0
YH00CO40	Future workforce				0
LA00BQ04	Research-Based Development				0
YH00CR81	Project management in multidisciplinary networks				0
HLTIYKL22S-1005 Thesis					30
YO00BU70	Thesis Planning	10			10
YO00BU71	Thesis Project and Reporting		20		20

HLTIYKL22S-1001 Core Competence: 40 ECTS

YY00CL94 Research, Development and Innovation Methods: 5 ECTS

Learning outcomes

The student is able to

- lead research, development and innovation projects
- master the methods of research and development activities

YH00CR95 Advanced nursing practice in the transformation of the health and social services: 5 ECTS**YH00CR82 Interprofessional and management communication: 5 ECTS****Learning outcomes**

The student is able to

- Identify the requirements and opportunities set by the multichannel operating environment
- Identify the specificities of multiprofessional team communication and assess their impact on communication flow
- Develop their personal communication and negotiation skills as an expert and manager
- Take advantage of the potential of a digitalized operating environment in communications

HLTIYKL22S-1002 Assessment of Health and Functional Capacity in Nursing: 15 ECTS**YH00CA64 Client-Based Comprehensive Assessment: 5 ECTS****Learning outcomes**

The student is able to

- assess the overall situation of clients in different life situations and the need for care
- assess clients health, functional capacity and resources
- evaluate and develop the possibilities of digitalization in the assessment of client's overall situation

YH00CA65 Clinical Assessment and Reasoning in Nursing: 10 ECTS**Learning outcomes**

The student is able to

- carry out a structured history taking and general clinical examination of the client for key vital signs
- implement and evaluate clinical decision making based on a client's medical history, clinical trial and evidence-based knowledge
- assess the quality and effectiveness of nursing care from the view of client and service chain

HLTIYKL22S-1003 Production of Social and Health Services in Future Ecosystems: 10 ECTS**YTS0080 Ecosystem of Social- and Health Care Services: 5 ECTS****Learning outcomes**

The student is able to

- recognize and evaluate the diverse ecosystem of social and health care services
- evaluate the challenges, influences and consequences of interface activities
- develop and evaluate the process of providing social and health care services

YH00CR96 Providing sustainable services: 5 ECTS

Learning outcomes

The student is able to

- co-develop services in a customer-oriented way
- evaluate and create ways to develop customer-oriented activities
- evaluate and implement information management in service planning and as a support for decision-making
- support the change of sustainability and develop sustainable and reasonable practices at social and health care

HLTIYKL22S-1004 Complementary Competence: 20 ECTS

YH00CG13 Encountering a Mental Health and Substance Abuse Client: 5 ECTS

Learning outcomes

The student is able to

- plan, implement, evaluate and document the client's care in a goal-oriented manner together with the client and their close relatives by critically utilizing the multi-professional knowledge
- evaluate, develop and use, together with the client and their close relatives, broad evidence-based methods that are used in the mental health and substance abuse care, as well as evaluate their effectiveness
- understand the meaning of interaction from the perspective of mental health and the positioning of client in mental health and substance abuse work, and critically evaluate and develop their own communication, interaction and decision-making skills

YH00CL56 Quality Care and Comprehensive Assessment of the Gerontological Client: 5 ECTS

Learning outcomes

The student is able to

- evaluate and develop the client's care and service from the framework of gerontological nursing
- implement comprehensive geriatric assessment (CGA) and evidence-based decision-making
- implement ethical decision-making, especially with vulnerable customer groups
- utilize technology and digital services to maintain and promote the functional capacity of the elderly

YTS0077 The Service System, Development Guidelines and Strategies of Occupational Health Care: 5 ECTS

Learning outcomes

The student is able to

- analyze and apply the contemporary national and international strategic policies, guidelines and recommendations while developing the operations of occupational health care

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- analyze and apply knowledge on national and international work-related illness prevalence while developing the operations of occupational health care

YTS0078 Promoting the Health of the Working-Age Population: 10 ECTS

Learning outcomes

The student is able to

- analyze, apply and develop various methods to increase and assess the health and working condition of customer companies and staff, while taking into consideration the ethical and sustainable development principles of occupational health care

YTS0079 Planning of the Operations and Evaluation of the Occupational Health Care Unit: 10 ECTS

Learning outcomes

The student is able to

- analyze and apply evaluation methods for the quality and effectiveness of occupational health care and utilize the results to develop the operations of occupational health care
- analyze and apply various strategies of management in occupational health care as well as develop management practices and planning processes

YTS0082 Experts in the Future: 5 ECTS

Learning outcomes

The student is able to

- evaluate and create a service culture based on sharing and refining knowledge and competences
- develop user-driven services and ecosystems for future challenges

YH00CO40 Future workforce: 5 ECTS

Learning outcomes

Student is able to

- recognize and define the needs for future workforce and competencies
- critically appraise and use future foresight methods in writing a project application
- write a project application in cooperation with others and with a multidisciplinary perspective

LA00BQ04 Research-Based Development: 5 ECTS

Learning outcomes

The student is able to

- plan a workplace-oriented research-based development project
- use different methods of workplace development and use/utilize the research data in workplace development
- evaluate and report on the research-based development project

YH00CR81 Project management in multidisciplinary networks: 5 ECTS

Learning outcomes

The student is able to

- Explains the phases of the project and the starting points for networking
- Organize project implementation
- Work in projects and networks as a manager or expert
- Evaluate project results, impacts and effectiveness

HLTIYKL22S-1005 Thesis: 30 ECTS**YO00BU70 Thesis Planning: 10 ECTS****Learning outcomes**

The student is able to

- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

YO00BU71 Thesis Project and Reporting: 20 ECTS**Learning outcomes**

The student is able to

- implement the thesis on the basis of an approved thesis plan
- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- as a maturity test, write a blog post, a press release or an article.