**Curriculum at LAB University of Applied Sciences
2021-2022**

Master of Health Care, Advanced Nursing Practice 21S, Lappeenranta

Code	Name	1 y	2 y	ECTS total
YKL21SLPR-1001 Core Competence				**45**
YH00CC85	Management in Changing Social and Health Care	5		5
YY00CL93	Communication for Managers	5		5
YY00CL94	Research, Development and Innovation Methods	5		5
YKL21SLPR-1002 Assessment of Health and Functional Capacity in Nursing				**15**
YH00CA64	Client-Based Comprehensive Assessment	5		5
YH00CA65	Clinical Assessment and Reasoning in Nursing	10		10
YKL21SLPR-1003 Production of Social and Health Services in Future Ecosystems				**15**
YTS0080	Ecosystem of Social- and Health Care Services		5	5
YTS0081	Production of Agile Services		5	5
YTS0082	Experts in the Future		5	5
YKL21SLPR-1004 Complementary Comptence				**15**
YH00CG13	Encountering a Mental Health and Substance Abuse Client			0
YH00CL56	Quality Care and Comprehensive Assessment of the Gerontological Client			0
YLI0058	Managing Well-Being at Work			0
YTS0077	The Service System, Development Guidelines and Strategies of Occupational Health Care			0
YTS0078	Promoting the Health of the Working-Age Population			0
YTS0079	Planning of the Operations and Evaluation of the Occupational Health Care Unit			0
YKL21SLPR-1005 Thesis				**30**
YO00BU70	Thesis Planning	10		10
YO00BU71	Thesis Project and Reporting		20	20

YKL21SLPR-1001 Core Competence: 45 ECTS

YH00CC85 Management in Changing Social and Health Care: 5 ECTS

Learning outcomes
The student is able to

- anticipate and analyse the impact of changes on services and work communities at a regional, national and international level
- identify, evaluate and develop leadership and management in social and health care sector
- identify, evaluate and develop organisational structures as a basis for leadership and change

YY00CL93 Communication for Managers: 5 ECTS

Learning outcomes
The student is able to
- use various digital services and tools in their own work and understand the opportunities of social media
- give speeches required in managerial positions and write suitable content and more demanding professional texts on various platforms
- analyze and enhance their own managerial skills

YY00CL94 Research, Development and Innovation Methods: 5 ECTS

Learning outcomes
The student is able to
- lead research, development and innovation projects
- master the methods of research and development activities

YKL21SLPR-1002 Assessment of Health and Functional Capacity in Nursing: 15 ECTS

YH00CA64 Client-Based Comprehensive Assessment: 5 ECTS

Learning outcomes
The student is able to
- assess the overall situation of clients in different life situations and the need for acute care
- evaluate and develop the possibilities of digitalization in the assessment of client's overall situation
- assess changes in the health status of a long-term patient and the quality and effectiveness of rehabilitative nursing

YH00CA65 Clinical Assessment and Reasoning in Nursing: 10 ECTS

Learning outcomes
The student is able to
- carry out a structured history taking and general clinical examination of the client for key vital signs
- implement and evaluate clinical decision making based on a client's medical history, clinical trial and evidence-based knowledge
- assess the quality and effectiveness of nursing care

YKL21SLPR-1003 Production of Social and Health Services in Future Ecosystems: 15 ECTS

YTS0080 Ecosystem of Social- and Health Care Services: 5 ECTS

Learning outcomes
The student is able to
- recognize and evaluate the diverse ecosystem of social and health care services
- evaluate the challenges, influences and consequences of interface activities and produce suggestions for the development of social and health care services

YTS0081 Production of Agile Services: 5 ECTS

Learning outcomes
The student is able to
- co-develop services in a customer-oriented way
- evaluate and create ways to develop customer-oriented activities
- evaluate and implement information management in service planning and as a support for decision-making

YTS0082 Experts in the Future: 5 ECTS

Learning outcomes
The student is able to
- evaluate and create a service culture based on sharing and refining knowledge and competences
- develop user-driven services and ecosystems for future challenges

YKL21SLPR-1004 Complementary Comptence: 15 ECTS

YH00CG13 Encountering a Mental Health and Substance Abuse Client: 5 ECTS

Learning outcomes
The student is able to
- plan, implement, evaluate and document the client's care in a goal-oriented manner together with the client and their close relatives by critically utilizing the multi-professional knowledge
- evaluate, develop and use, together with the client and their close relatives, broad evidence-based methods that are used in the mental health and substance abuse care, as well as evaluate their effectiveness
- understand the meaning of interaction from the perspective of mental health and the positioning of client in mental health and substance abuse work, and critically evaluate and develop their own communication, interaction and decision-making skills

YH00CL56 Quality Care and Comprehensive Assessment of the Gerontological Client: 5 ECTS

Learning outcomes
The student is able to
- evaluate and develop the client's care and service from the framework of gerontological nursing
- implement comprehensive geriatric assessment (CGA) and evidence-based decision-making
- implement ethical decision-making, especially with vulnerable customer groups

- utilize technology and digital services to maintain and promote the functional capacity of the elderly

YLI0058 Managing Well-Being at Work: 5 ECTS

Learning outcomes
Student:
- understands the key concepts of managing well-being at work, the dynamics of a well-functioning work community and the importance of promoting psychosocial and physical well-being at work.
- is able to assess the impact of workplace well-being to work productivity and satisfaction.
- is able to utilize measures by which the well-being of the organization can be developed.
is able to lead the organization's activities to promote well-being at work.

YTS0077 The Service System, Development Guidelines and Strategies of Occupational Health Care: 5 ECTS

Learning outcomes
The student is able to
- analyze and apply the contemporary national and international strategic policies, guidelines and recommendations while developing the operations of occupational health care
- analyze and apply knowledge on national and international work-related illness prevalence while developing the operations of occupational health care

YTS0078 Promoting the Health of the Working-Age Population: 10 ECTS

Learning outcomes
The student is able to
- analyze, apply and develop various methods to increase and assess the health and working condition of customer companies and staff, while taking into consideration the ethical and sustainable development principles of occupational health care

YTS0079 Planning of the Operations and Evaluation of the Occupational Health Care Unit: 10 ECTS

Learning outcomes
The student is able to
- analyze and apply evaluation methods for the quality and effectiveness of occupational health care and utilize the results to develop the operations of occupational health care
- analyze and apply various strategies of management in occupational health care as well as develop management practices and planning processes

YKL21SLPR-1005 Thesis: 30 ECTS

YO00BU70 Thesis Planning: 10 ECTS

Learning outcomes
A student is able to

- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

YO00BU71 Thesis Project and Reporting: 20 ECTS

Learning outcomes
A student is able to
- implement the thesis on the basis of an approved thesis plan
- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- as a maturity test, write a blog post, a press release or an article.