

**Curriculum at LAB University of Applied Sciences  
2021-2022**

**Bachelor of Social Services 21S, full-time studies, Lahti**

Code	Name	1 y	2 y	3 y	4 y	ECTS total
<b>SOS21SLTI-1001 CORE COMPETENCE</b>						<b>120</b>
<b>SOS21SLTI-1002 Common Core Competence</b>						<b>15</b>
AY00BT88	Developing Professional Competence 1	1				1
AY00BT89	Developing professional competence 2	0,5	0,5			1
AY00BT90	Developing Professional Competence 3		0,5	0,5		1
KS00BT59	Expert Communication Skills	4				4
A300CQ54	Orientation to Sustainability Thinking		2			2
KE00BT61	English for Work		4			4
KR00BU42	Swedish for Work, Spoken			1		1
KR00BU43	Swedish for Work, Written			1		1
<b>SOS21SLTI-1003 Professional Core Competence</b>						<b>105</b>
<b>SOS21SLTI-1004 Common Professional Core Competence</b>						<b>15</b>
AH00BU26	Professional Base in Social and Health Care	5				5
AH00BU27	Research, Development and Innovation Competence in the Social and Health Care			5		5
AH00BU28	Leadership and Entrepreneurship Competence in Social and Health Care			5		5
<b>SOS21SLTI-1005 Human`s Life Course in Communities</b>						<b>15</b>
AH00BW86	Social Inclusion	5				5
AH00BU02	Human Growth and Development	5				5
AH00BU03	Growth Environments	5				5
<b>SOS21SLTI-1006 Social Pedagogical Counseling Skills</b>						<b>10</b>
AH00BU04	Supervisor`s Self-Knowledge and Interaction Skills	5				5
AH00BU05	Individual and Group Counseling Skills	5				5
<b>SOS21SLTI-1007 Inclusive Social Work with Clients</b>						<b>15</b>
AH00BU06	Well-Being Restorative Service System	5				5
AH00BU07	Legislation Protecting Client's Rights	5				5
AH00BU08	Agency-Supportive and Effective Client Work	5				5
<b>SOS21SLTI-1008 Child and Family-Oriented Services</b>						<b>10</b>
AH00BU09	Multifunctional Work for Children and Family Services		5			5
AH00BU10	Child Protection		5			5
<b>SOS21SLTI-1009 Substance Abuse and Mental Health Competence</b>						<b>10</b>
AH00BU11	Substance Abuse		5			5

AH00BU12	Mental Health		5		5
<b>SOS21SLTI-1010 Cultural Diversity Competence</b>					<b>15</b>
AH00BU13	Diversity Expertise		5		5
AH00BU14	Building Equality		5		5
AH00BU15	Deepening of Expertise of Guidance Skills		5		5
<b>SOS21SLTI-1011 Welfare, Innovation and Technology Competence</b>					<b>15</b>
AH00BU16	Promoting Well-Being and Health		5		5
AH00BU17	Technology and Innovation Knowledge		5		5
AH00BU18	Innovation in an Aging Society		5		5
<b>SOS21SLTI-1012 COMPLEMENTARY COMPETENCE</b>					<b>30</b>
<b>SOS21SLTI-1013 Alternative Complementary Competence</b>					<b>15</b>
<b>SOS21SLTI-1014 Early Childhood Education</b>					<b>15</b>
AH00BU19	Early Childhood Education		10		10
AH00BU20	Support Needs in Early Childhood Education		5		5
<b>SOS21SLTI-1015 Social Guidance</b>					<b>15</b>
AH00BU21	Needs and Forms of Support in Special Support		5		5
AH00BU22	Youth Welfare and Inclusion		5		5
AH00BU23	Social Guidance for Working-Age People		5		5
AH00BU24	Working with Disabled		5		5
AH00BU25	Gerontological Social Guidance		5		5
<b>SOS21SLTI-1016 Optional Complementary Competence</b>					<b>15</b>
<b>SOS21SLTI-1017 PRACTICAL TRAINING</b>					<b>45</b>
HA00BW84	Social Pedagogy and Actor Support Work	10			10
HA00BW80	Pedagogical Competence in Early Childhood Education		15		15
HA00BW81	Social Guidance		15		15
HA00BW82	Promoting Social Inclusion			10	10
HA00BW83	Advanced Knowledge in Social Pedagogy			10	10
<b>SOS21SLTI-1018 THESIS</b>					<b>15</b>
AO00BU44	Thesis Planning		5		5
AO00BU45	Thesis Project		5		5
AO00BU46	Thesis Report			5	5

**SOS21SLTI-1001 CORE COMPETENCE: 120 ECTS**

**SOS21SLTI-1002 Common Core Competence: 15 ECTS**

**AY00BT88 Developing Professional Competence 1: 1 ECTS**

**Learning outcomes**

The student is able to

- plan their own learning and cooperate in situations related to their own field of studies
- recognize their own competence and the needs to develop them further and to plan their career path observing them
- act as a group member
- operate in the learning environments of LAB University of Applied Sciences
- picture their own field of studies and its future skills
- give feedback on tuition and services and thus participate in the development of education

## **AY00BT89 Developing professional competence 2: 1 ECTS**

### **Learning outcomes**

The student is able to

- utilize various learning opportunities in curriculum
- recognize and aim their own competences to be in level with the future career requirements
- create a study plan that supports the future career goal
- give feedback on tuition and services and thus participate in the development of education

## **AY00BT90 Developing Professional Competence 3: 1 ECTS**

### **Learning outcomes**

The student is able to

- identify themselves as a learner and develop their own learning skills
- evaluate innovative or alternative future competences required in their own field
- recognize and aim their own competences to be in level with the future career requirements
- masters the professional concepts of their own field and is able to point out their competencies during job recruitment processes
- give feedback on tuition and services and thus participate in the development of education

## **KS00BT59 Expert Communication Skills: 4 ECTS**

### **Learning outcomes**

Proficiency level: C2

The student masters Finnish language as a mother tongue in all professional spoken and written communication situations.

## **A300CQ54 Orientation to Sustainability Thinking: 2 ECTS**

### **Learning outcomes**

Identify and define central concepts and frameworks related to sustainability. Recognize the interconnectedness of economic, social and environmental sustainability issues. Understand and develop own individual role in driving sustainability.

### **Evaluation criterias**

Level 1

Pass-Fail

## **KE00BT61 English for Work: 4 ECTS**

### **Learning outcomes**

Proficiency level: B2

The student is able to

- communicate clearly and effectively in different generic and field-specific workplace situations both orally and in writing
- find, evaluate and use information effectively
- function collaboratively in international working environments.

## **KR00BU42 Swedish for Work, Spoken: 1 ECTS**

### **Learning outcomes**

The student is able to

- convey and validate arguments
- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- present their field-specific operational environment
- communicate in various working life situations in Swedish

The student completes the Public Administration Language Test in Swedish.

## **KR00BU43 Swedish for Work, Written: 1 ECTS**

### **Learning outcomes**

The student is able to

- use vital field-specific vocabulary
- communicate essential matters about their education, work experience and tasks
- understand and produce various short texts related to studies and working life
- acquire information on their field in Swedish
- use online dictionaries

The student completes the Public Administration Language Test in Swedish.

## **SOS21SLTI-1003 Professional Core Competence: 105 ECTS**

## **SOS21SLTI-1004 Common Professional Core Competence: 15 ECTS**

## **AH00BU26 Professional Base in Social and Health Care: 5 ECTS**

### **Learning outcomes**

The student is able to

- explain the organization of the social and health service system and describe the client's position in the social and health service system
- describe the values and ethical principles in their field as well as the key regulations governing operations

- describe the principles of evidence-based information and action
- identify factors of well-being and functioning at an individual and community level

### **AH00BU27 Research, Development and Innovation Competence in the Social and Health Care: 5 ECTS**

#### **Learning outcomes**

The student is able to

- describe the most common research methods in the social and health field
- evaluate and analyze the ethical principles and reliability of research and development
- describe the stages of a research process
- explain the concept of innovation and utilize innovation in the development of one's own field
- use the most important research, development and innovation methods in their field in the implementation of the thesis

### **AH00BU28 Leadership and Entrepreneurship Competence in Social and Health Care: 5 ECTS**

#### **Learning outcomes**

The student is able to

- compare different management approaches and their role in the management and development of a work community
- identify the characteristics and legislation of social and health management and personnel management
- describe economic monitoring indicators from the perspectives of cost-effectiveness, sustainable development and entrepreneurship
- describe the principles of quality work and apply the means of developing customer-centric services
- develop the well-being at work and the occupational safety of the work community

### **SOS21SLTI-1005 Human`s Life Course in Communities: 15 ECTS**

### **AH00BW86 Social Inclusion: 5 ECTS**

#### **Learning outcomes**

The student is able to

- define the key concepts of social pedagogy
- identify the characteristics and work approach of social pedagogy
- identify the factors that promote the social inclusion of the client, families and communities

### **AH00BU02 Human Growth and Development: 5 ECTS**

#### **Learning outcomes**

The student is able to

- recognize human's individual growth and development in different stages of life
- understand the factors affecting the individual growth process

## **AH00BU03 Growth Environments: 5 ECTS**

### **Learning outcomes**

The student is able to

- recognize the diversity of families and growth environments
- recognize the impact of the changes in the family and family dynamics
- describe his/her own views on upbringing

## **SOS21SLTI-1006 Social Pedagogical Counseling Skills: 10 ECTS**

## **AH00BU04 Supervisor`s Self-Knowledge and Interaction Skills: 5 ECTS**

### **Learning outcomes**

The student is able to

- develop self-knowledge and self-expression through creative methods
- develop emotional and interaction skills
- assess the safety level of a group
- develop group-working skills
- recognize the meaning of one's own personality and self-knowledge as a tool
- document their development as a supervisor

## **AH00BU05 Individual and Group Counseling Skills: 5 ECTS**

### **Learning outcomes**

The student is able to

- identify and describe group phenomena
- plan, implement and evaluate goal-oriented individual and group counseling
- try out different methods of active interaction
- identify digital counseling methods
- document the working methods of a supervisor

## **SOS21SLTI-1007 Inclusive Social Work with Clients: 15 ECTS**

## **AH00BU06 Well-Being Restorative Service System: 5 ECTS**

### **Learning outcomes**

The student

- is able to recognize factors that affect the well-being of an individual and community
- knows the directions of societal welfare changes
- knows the characteristics of Finnish social security
- knows services and actors that support well-being

## **AH00BU07 Legislation Protecting Client's Rights: 5 ECTS**

### **Learning outcomes**

The student

- is familiar with the central social legislation
- knows how to apply legislation
- knows the data security and data protection of client work
- knows the basics of the documentation of client work

### **AH00BU08 Agency-Supportive and Effective Client Work: 5 ECTS**

#### **Learning outcomes**

The student

- is able to meet the client professionally
- knows the characteristics and process of goal-oriented client work
- identifies the primary methods of client work
- is able to guide the client in different interaction situations

### **SOS21SLTI-1008 Child and Family-Oriented Services: 10 ECTS**

### **AH00BU09 Multifunctional Work for Children and Family Services: 5 ECTS**

#### **Learning outcomes**

The student is able to

- identify and combine multidisciplinary family services
- support the child's and adolescent's development in different growth communities
- identify the meaning of protective and risk factors to well-being
- apply early support

### **AH00BU10 Child Protection: 5 ECTS**

#### **Learning outcomes**

The student is able to

- use and apply child protection law
- justify his/her actions according to the benefit of the child and the ethical principles of social work

### **SOS21SLTI-1009 Substance Abuse and Mental Health Competence: 10 ECTS**

### **AH00BU11 Substance Abuse: 5 ECTS**

#### **Learning outcomes**

The student

- identifies social and cultural factors related to substance abuse
- recognizes different impacts of substance abuse from the perspectives of an individual, close community and society
- is familiar with the legislation and service system regulating substance abuse work
- is familiar with the working methods of substance abuse work

### **AH00BU12 Mental Health: 5 ECTS**

### **Learning outcomes**

The student

- knows the most common mental disorders
- recognizes the meaning of mental health from the perspectives of an individual, close community and society
- knows the ethical and legislative premises of mental health work
- is familiar with the working methods of mental health work

## **SOS21SLTI-1010 Cultural Diversity Competence: 15 ECTS**

### **AH00BU13 Diversity Expertise: 5 ECTS**

#### **Learning outcomes**

The student is able to

- identify diversity as a phenomenon and understand its significance
- identify the models of intercultural competence
- guide the client in a culturally sensitive manner

### **AH00BU14 Building Equality: 5 ECTS**

#### **Learning outcomes**

The student is able to

- identify their own cultural starting points
- promote equality with a culturally sensitive approach to work
- guide the integration of immigrants

### **AH00BU15 Deepening of Expertise of Guidance Skills: 5 ECTS**

#### **Learning outcomes**

The student is able to

- assess different approaches to guidance
- apply the methods of guidance in a customer-oriented manner in different working environments
- apply guidance work in digital guidance environments
- apply methods that strengthen inclusiveness in guidance work

## **SOS21SLTI-1011 Welfare, Innovation and Technology Competence: 15 ECTS**

### **AH00BU16 Promoting Well-Being and Health: 5 ECTS**

#### **Learning outcomes**

The student is able to

- assess the impact and effectiveness of the promotion of well-being and health
- communicate information for promoting the well-being and health of the population

### **AH00BU17 Technology and Innovation Knowledge: 5 ECTS**



**Learning outcomes**

The student is able to

- promote well-being by utilizing technology
- recognize well-being innovations and use them
- understand the ethical perspectives of well-being technology

**AH00BU18 Innovation in an Aging Society: 5 ECTS****Learning outcomes**

The student is able to

- recognize social and cultural factors that affect the well-being of the elderly
- identify the premises of the aging policy, legislation and service processes related to the services for the elderly
- assess the benefit and usage of technology in supporting the everyday life of an elderly person and strengthening their involvement

**SOS21SLTI-1012 COMPLEMENTARY COMPETENCE: 30 ECTS****SOS21SLTI-1013 Alternative Complementary Competence: 15 ECTS****SOS21SLTI-1014 Early Childhood Education: 15 ECTS****AH00BU19 Early Childhood Education: 10 ECTS****Learning outcomes**

The student is able to

- develop their own work in early childhood education
- form their own view on upbringing
- observe, plan, implement, evaluate and document pedagogical activity in early childhood education
- carry out, develop and evaluate educational cooperation together with the parents
- promote the children's and parents' inclusion and right to be heard

**AH00BU20 Support Needs in Early Childhood Education: 5 ECTS****Learning outcomes**

The student is able to

- recognize and assess the risk factors for the wellbeing of different kinds of children and families
- strengthen the wellbeing of children and their families with targeted support
- recognize and assess the need of service guidance and network cooperation to support the children and families
- guide the families in the multidisciplinary service system
- use methods that are applicable for the support need

**SOS21SLTI-1015 Social Guidance: 15 ECTS**

## **AH00BU21 Needs and Forms of Support in Special Support: 5 ECTS**

### **Learning outcomes**

The student is able to

- identify special support needs
- identify the principles of evaluating functional capacity
- identify ethical questions
- identify different areas of the client's functional capacity, forms of special support and rehabilitation, as well as the methods of guidance

## **AH00BU22 Youth Welfare and Inclusion: 5 ECTS**

### **Learning outcomes**

The student is able to

- identify the characteristics of the growth and development of the youth, as well as their resources and support needs
- name the key legislation and service system concerning the youth
- work to enhance the status of the youth and to promote inclusion
- identify the participative methods of youth work
- recognize the role and meaning of the psychosocial expert work in school community

## **AH00BU23 Social Guidance for Working-Age People: 5 ECTS**

### **Learning outcomes**

The student is able to

- guide the working-age clients with life management, work, livelihood and studying
- understand the concept and application of social rehabilitation
- find working methods that promote the inclusion and reduce the inequality of the working-age clients
- identify the legislation and service system that promote the social and working life inclusion of the working-age population

## **AH00BU24 Working with Disabled: 5 ECTS**

### **Learning outcomes**

The student is able to

- identify the premises of the disability policy
- evaluate their own values, attitudes and human perception in relation to disability
- recognize the diversity of the disability and its various appearances
- identify special methods of guidance and interaction
- identify the legislation, services and service process that guide the disability services

## **AH00BU25 Gerontological Social Guidance: 5 ECTS**

### **Learning outcomes**

The student is able to

- identify the orientations of the gerontological social guidance
- apply the orientations of the gerontological social guidance in their work

- consider the elderly and aging from the perspective of resourcefulness and individual life cycle
- identify the working methods that support the individual performance of the elderly
- identify the premises of accessibility and memory friendliness in the living environments of the elderly

### **SOS21SLTI-1016 Optional Complementary Competence: 15 ECTS**

### **SOS21SLTI-1017 PRACTICAL TRAINING: 45 ECTS**

### **HA00BW84 Social Pedagogy and Actor Support Work: 10 ECTS**

#### **Learning outcomes**

The student is able to

- work according to the values and ethical principles of the fields of social work and education
- observe him/herself as an interactor and meet clients in various professional situations
- define the operating principles of social work
- identify the elements of client work that support agency and inclusion

### **HA00BW80 Pedagogical Competence in Early Childhood Education: 15 ECTS**

#### **Learning outcomes**

The student is able to

- observe, plan, implement, evaluate and document pedagogical activity
- guide a child and a group of children
- carry out, develop and evaluate educational cooperation together with the parents as a part of learning community
- explain their own view on education based on the conception of learning and the value base of early childhood education

### **HA00BW81 Social Guidance: 15 ECTS**

#### **Learning outcomes**

The student is able to

- identify the individual needs of the client
- evaluate the service needs of the client and document plans for goal-oriented working
- plan, guide, implement and evaluate goal-oriented client work that supports inclusion
- analyze the significance of social work from the perspectives of individual, community and society

### **HA00BW82 Promoting Social Inclusion: 10 ECTS**

#### **Learning outcomes**

The student is able to

- work professionally and ethically in diverse client work and guidance situations
- apply the central working methods used in social work
- identify the factors that cause societal and social inequality

## **HA00BW83 Advanced Knowledge in Social Pedagogy: 10 ECTS**

### **Learning outcomes**

The student is able to

- deepen, apply and develop professional competence

## **SOS21SLTI-1018 THESIS: 15 ECTS**

### **AO00BU44 Thesis Planning: 5 ECTS**

#### **Learning outcomes**

Student is able to

- describe the objectives and core contents of their thesis
- plan and describe the stages of the thesis process
- take into account the possible research permit and copyright issues.

### **AO00BU45 Thesis Project: 5 ECTS**

#### **Learning outcomes**

Student is able to

- implement the thesis on the basis of an approved thesis plan

### **AO00BU46 Thesis Report: 5 ECTS**

#### **Learning outcomes**

Student is able to

- present the results or output of their thesis
- report on their thesis in writing in accordance with the thesis guidelines of LAB University of Applied Sciences
- write a maturity test.